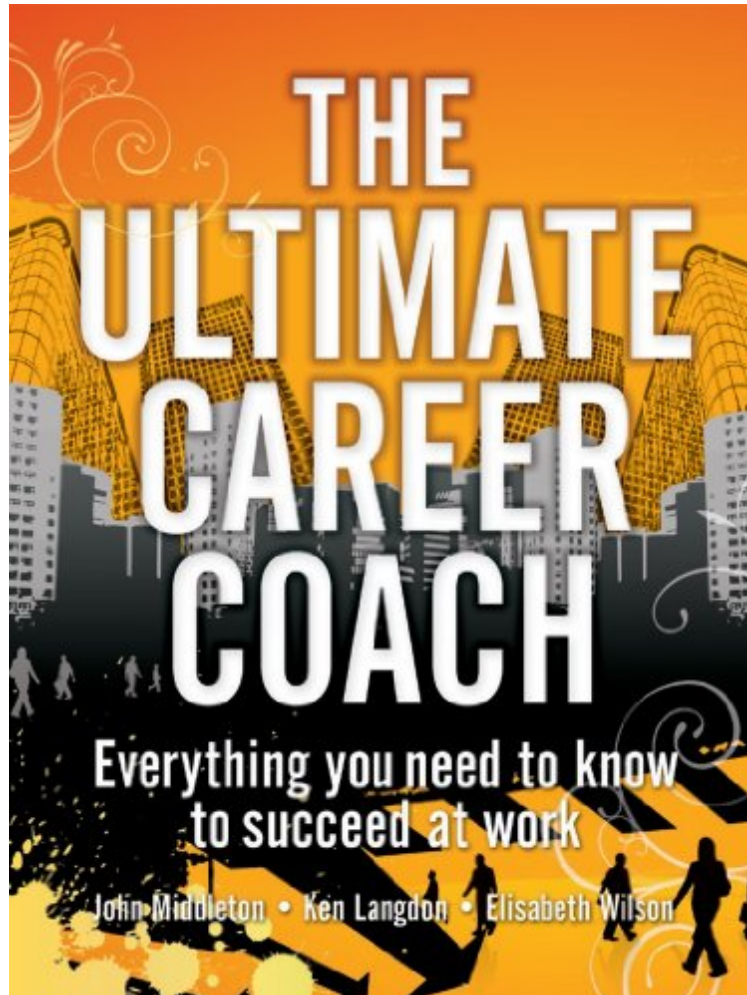


## Ultimate Career Coach

*Elisabeth Wilson*

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**Elisabeth Wilson : Ultimate Career Coach** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Ultimate Career Coach:

0 of 0 people found the following review helpful. Good reading By Rodolfo Carmine Miceli Easy reading, clear, good scenarios and advises. Helps you to take control of your career, in a very positive way.

The Ultimate Career Coach is an inspirational guide to getting to the top at work, and staying there. Packed with advice to help you achieve career success and enjoy your work, The Ultimate Career Coach covers everything a career-minded professional needs to know about getting ahead at work and staying on top. Topics include ways to get your dream job, how to network like a pro, how to use influencing methods to achieve success at work, how to balance work and home life, tips for managing stress levels, methods for thinking like a business leader and 140 other ideas to ensure high performance.

About the Author Ken Langdon is a consultant and author of several best-selling business books, including *Appraising Staff* and *The 100 Greatest Ideas for Building your Career*, along with *Cultivate a cool career* and *Knockout interview answers* in the Brilliant Ideas series. John Middleton has more than twenty years experience in the field of personal development. He has penned nine self-help books on various subjects such as communication and strategy and is the author of *Detox your finances*, *High-impact CVs* and *Upgrade your brain*. He has first hand experience of implementing all of the ideas covered in his books; his tried and tested techniques have helped over 5000 people develop and improve their financial situations, careers and thinking capability. Elisabeth Wilson has written widely for the national press and was health and wellbeing editor at *She* magazine for 10 years. Elisabeth is the author of the bestsellers *Re-energise your sex life* (978 1 904902 71 3), *Stress proof your life* (978 1 905940 06 6) and *Boundless energy* (978 1 905940 09 7), all available in the 52 Brilliant Ideas series. Elisabeth edited the bestselling bumper book *Goddess: Be the woman you want to be* (HB 978 1 904902 77 5, PB 978 1 905940 13 4), which is also published by Infinite Ideas.