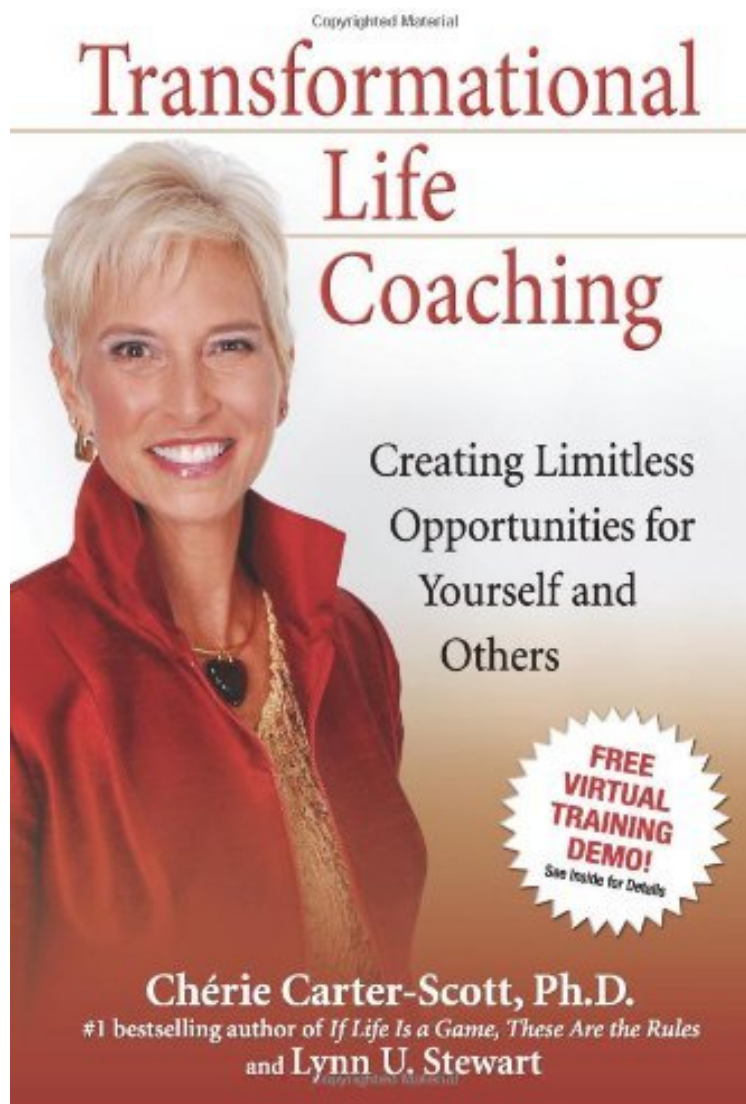


# Transformational Life Coaching: Creating Limitless Opportunities for Yourself and Others

Dr. Cherie Carter-Scott, Lynn U. Stewart  
audiobook / \*ebooks / Download PDF / ePub / DOC



 Download

 Read Online

#165045 in eBooks 2010-01-01 2010-01-01 File Name: B001B1KLX8 | File size: 31.Mb

**Dr. Cherie Carter-Scott, Lynn U. Stewart : Transformational Life Coaching: Creating Limitless Opportunities for Yourself and Others** before purchasing it in order to gage whether or not it would be worth my time, and all praised Transformational Life Coaching: Creating Limitless Opportunities for Yourself and Others:

5 of 5 people found the following review helpful. I feel better. Wonderful bookBy Starlaaaathis book is incredible, I initially ordered it so that I could maybe figure out a way to help the people around me, upon reading it I found peace with things that I didn't know were bothering me. Really makes you look inside of yourself, not in a negative way, I

feel better. Wonderful book. 2 of 2 people found the following review helpful. Coaching in simple terms By Margaret E. Lawrence I am glad I bought this book. Dr. Carter-Scott provided need-to-know information that can help me coming into the coaching business. I particularly liked the simple straight-in-your-face language she used to drive home her advice. Her book has become a go-to guide in my personal reference collection. 3 of 3 people found the following review helpful. a little too much chakra By Travis A little too fluffy for me. I did not connect with the authors philosophy. Too much description and not enough "how to"

The definitive rule book for becoming a life coach — from the founder of the coaching movement Cherie Carter-Scott, Ph.D., is the original life coach. In 1974, she founded the first Coach Training program and since then has written many books, including the #1 New York Times bestseller *If Life Is a Game, These Are the Rules: Ten Rules for Being Human*. Continuing her tradition of teaching others how to become 'brilliant' coaches for themselves and their clients, Dr. Carter-Scott's latest book reveals the strategies she uses with hundreds of thousands of clients worldwide with astonishing success. For more than thirty years, Dr. Carter-Scott and her business partner, Lynn U. Stewart, have been training people to become life coaches through their organization, Motivation Management Service (the MMS Institute), a network of executive coaches, consultants, and trainers. Now, in this inspirational guidebook, you will learn the strategies that students of the MMS Institute receive, as well as the necessary tools of transformational life coaching, including: The Checklist for a 'Brilliant' Session The importance of acknowledging, integrating, and honoring feelings Listening to messages to guide the process Use of flow, energy, and chakras in the coaching process How to transform old negative patterns into positive imprints How to market and build your coaching practice The Twelve Steps to Living the Process of Transformational Life Coaching Whether you are a professional coach, are interested in becoming a coach, or use coaching in your work, this is the ultimate coaching bible required for anyone who empowers people.

About the Author Cherie Carter-Scott, Ph.D., is an international author, entrepreneur, consultant, lecturer, teacher/trainer, talk-show host, and seminar leader. Her company, The MMS Institute, Inc., has reached millions of people worldwide.