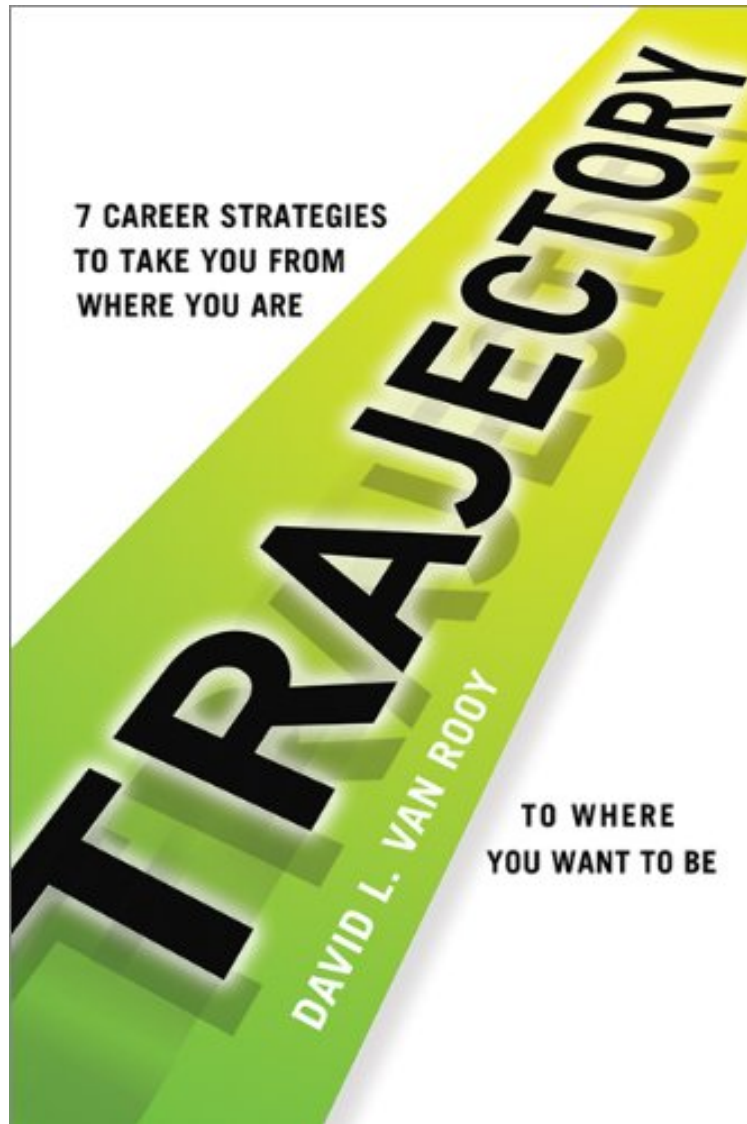


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Trajectory: 7 Career Strategies to Take You from Where You Are to Where You Want to Be

David L. Van Rooy

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David L. Van Rooy : Trajectory: 7 Career Strategies to Take You from Where You Are to Where You Want to Be before purchasing it in order to gage whether or not it would be worth my time, and all praised Trajectory: 7 Career Strategies to Take You from Where You Are to Where You Want to Be:

2 of 2 people found the following review helpful. Practical, insightful and clearBy TMBThis book was refreshingly easy to read and understand. It was well thought out and presented. The 7 strategies allow for one to create their own

actionable pathway with relative ease. It fills in the black hole that many of us, including myself often find ourselves lost in, the hole between where we are and where we want to be. The author does a fantastic job of shedding light on how to get from the start to the finish without losing your way while on the journey. He is however, careful to point out that the path is not, nor will ever be easy and set backs are inevitable but it is those who are able to keep forging forward and maintaining persistence will ultimately prevail. In reviewing the author's bio on the cover the author has a very impressive career trajectory of his own, so it would appear that the author speaks from experience and has taken his own advice by following the 7 strategies. This book is a winner, even if you feel you may have reached your career goals you will still be able to pick up some useful tips by reading this book. 1 of 1 people found the following review helpful. Whether you are happy in your current position or looking for that next ...By Dan Floyd Whether you are happy in your current position or looking for that next career move, Trajectory is a great guide to help you on your journey. Trajectory provides great insight on how to improve the value you bring to your current company while ensuring you are preparing for your next career step, whether it be with your current employer or a new employer. It's not a cookie-cutter career strategy book, but provides real substance on how to get from where you are, to where you want to be. Dan-VP of Sales 0 of 0 people found the following review helpful. Trajectory is filled with helpful nuggets and practical tools for anyone with a desire to advance his or her career. By Zachary R Fairchild The present day workplace is a complex and perplexing environment where it is easy for one to lose sight of his or her career vision. A myriad of external and internal factors are reshaping the way organizations and individuals conduct business. Trajectory offers great insight on how to gain a macro and micro perspective on the career advancement process. Van Rooy's approach to this topic invites the reader to look through his lens as an accomplished psychologist and a successful organization development leader. This book is a great addition to the toolkit!

When the economy's difficult and jobs aren't secure, people tend to focus on the short term...on survival. But what they don't grasp is how their current position could be a springboard to their next position--or even the one after that. Caught between a fear of failure and a desire for instant success, they limit the risks they take, unwittingly limiting their opportunities. As much as they want to get ahead, they simply can't see how to get there. Trajectory is the answer. Each and every person has their own "trajectory" or career path--and this timely and refreshingly practical new book presents seven strategies designed to help anyone create and manage theirs. Readers will discover how to: Make the most of feedback Avoid stagnation and break through plateaus Think big, act small, and move quick Achieve growth through failure Move to the front of the pack through persistence Continuously develop both "soft" and "hard" professional skills And much more Career success doesn't happen overnight. From building relationships with mentors, to positioning (and repositioning) yourself for promotion--this essential guide provides the tools you need for a lifetime of advancement.

"Trajectory provides you with proven advice to boost your career. This powerful and straightforward book is sure to motivate and guide you to maximize your potential." --Marshall Goldsmith, New York Times bestselling author of What Got You Here Won't Get You There "Clear, practical, and insightful, Trajectory illuminates a smarter, more efficient route to success for leaders, employees, and entrepreneurs in any industry." --Shawn Achor, New York Times bestselling author From the Back Cover Career success doesn't happen overnight . . . and in a difficult economy, it can be easy to focus simply on having and keeping a job, rather than on how your current position can be a springboard to your next. Everyone has their own "trajectory" or career path; what matters is how you take advantage of your skills and the possibilities around you. This essential guide provides the tools you need for a lifetime of fulfillment and success. Are you limiting the risks you take and unwittingly limiting your opportunities? From building relationships with mentors to positioning (and repositioning) yourself to reach your potential, Trajectory shows you how to avoid stagnation and break through plateaus; continuously develop both "soft" and "hard" professional skills; move to the front of the pack through persistence; make the most of feedback; and even achieve growth through failure. Combining psychology with real-world, practical guidance, this book helps you take control of your career. Praise for Trajectory: "Trajectory provides you with proven advice to boost your career. This powerful and straightforward book is sure to motivate and guide you to maximize your potential." -- Marshall Goldsmith, author of New York Times and global bestseller What Got You Here Won't Get You There "Clear, practical, and insightful, Trajectory illuminates a smarter, more efficient route to success for leaders, employees, and entrepreneurs in any industry." -- Shawn Achor, New York Times bestselling author of The Happiness Advantage and positive psychology researcher "Trajectory maps out a range of effective approaches for achieving career goals. If you're stuck about what to do or where to go, this is a thought-provoking read." -- Adam Grant, Wharton professor and bestselling author of Give and Take "As the HR leader of one of the world's most admired companies a prime focus of mine continues to be ensuring people develop meaningful and successful careers. The strategies in Trajectory will enable you to do just that. Consider this book essential reading if you are serious about owning and accelerating your career." -- David Rodriguez, Executive Vice President Chief Human Resources Officer, Marriott International

“Inspirational and achievable! Van Rooy combines science, history, and real-life examples in this powerful guide to fulfilling one’s career destiny. Whether your goal is to find your own complete ‘point of flow’ in career satisfaction or achieve the highest levels in your field, Trajectory is a must-read to chart your path.”
—Tom Waldron, Senior Vice President, People, Walmart
“Trajectory leaves you with tried and tested advice to advance your career. Whether you are just entering the job market or are already established at work, these timeless strategies will help you take control of your career to be more successful.”
—Hon. Howard A. Schmidt, former Cyber Advisor for President Bush and President Obama
About the Author DAVID L. VAN ROOY, Ph.D., is Senior Director, International Human Resources Strategy and Operations at Walmart. In his prior role with the company he was responsible for the world’s largest employee engagement and performance management programs. He is passionate about helping others grow their careers and for more than a decade has been responsible for the development of leading talent-management programs for some of the world’s best companies, including Burger King and Marriott International. For more, visit www.liveyourtrajectory.com or go to: @dlvanrooy
[facebook.com/liveyourtrajectory](https://www.facebook.com/liveyourtrajectory)