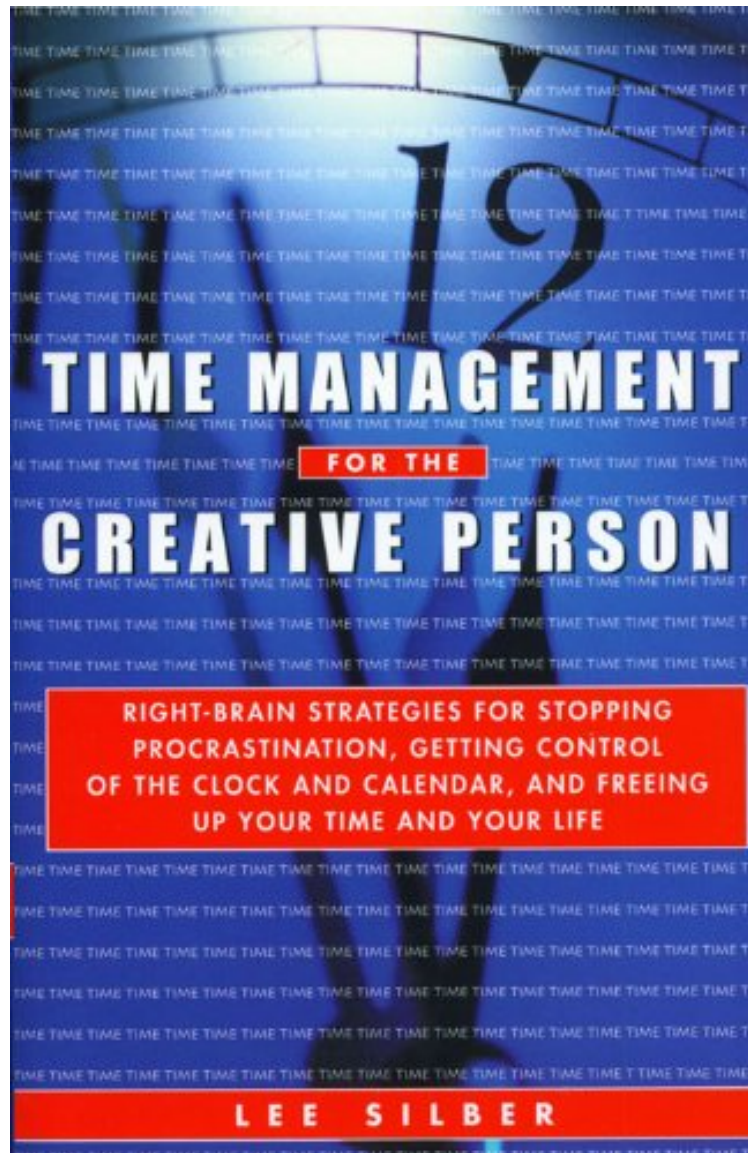


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# Time Management for the Creative Person: Right-Brain Strategies for Stopping Procrastination, Getting Control of the Clock and Calendar, and Freeing Up Your Time and Your Life

Lee Silber

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Lee Silber : Time Management for the Creative Person: Right-Brain Strategies for Stopping Procrastination, Getting Control of the Clock and Calendar, and Freeing Up Your Time and Your Life before purchasing it in order to gage whether or not it would be worth my time, and all praised Time Management for the Creative Person:

## Right-Brain Strategies for Stopping Procrastination, Getting Control of the Clock and Calendar, and Freeing Up Your Time and Your Life:

1 of 1 people found the following review helpful. One StarBy KIttyMommaSooo outdated. Wish I hadn't spent money on it.0 of 0 people found the following review helpful. Very pleased with my choice and the excellent customer serviceBy RetryReceived promptly and as advertised. Very pleased with my choice and the excellent customer service11 of 12 people found the following review helpful. This book is the best time management book I have EVER readBy A CustomerI have always been disorganized. I could never remember to mail things, pen-pals disappeared because I never wrote them, I could never find anything and the guilt about being so messy just bugged me. Then I found Mr. Silber's book and what a change. I had looked at a few other time management books but never really read because they were so dry. The difference between those other books and Mr. Silber's? It's okay to be a little messy, just don't let it control your life. Right-brain people look at the world differently and this book helps them rein everything in. I LOVE it! And I know a whole group people I can recommend it to.

Creative folks often know all too well that the muse doesn't always strike when you want it to, or when the deadline for your next brilliant project is creeping up on you like an ill-fitting turtleneck. Originality doesn't follow a time clock, even when you have to. While conventional time management books offer tons of instruction for using time wisely, they are traditionally organized in a linear fashion, which just isn't helpful for the right-brain mind. In *Time Management for the Creative Person*, creativity guru Lee Silber offers real advice for using the strengths of artistic folks--like originality and resourcefulness--to adopt innovative time-saving solutions, such as:

- \* Learning to say no when your plate is just too full\*
- How to know when a good job, not a great one, is good enough\*
- Making "to do" lists that include fun stuff, too--that way you won't feel overwhelmed by work\*
- Time-saving techniques around the house that give you more time to get your work done and more time to spend with your loved ones\*
- The keys to clutter control that will keep your work space and your living space neat

With these and lots of other practical tips, Lee Silber will help anyone, from the time-starved caterer rushing to prepare for her next party to the preoccupied painter who forgets when the electric bill is due, make the most of their time and turn the clock and the calendar into friends, not foes. From the Trade Paperback edition.

From Booklist Silber's goal is to create positive and lasting change by helping us organize ourselves so that we can be more, and not do more, through effective time management. Each side of our brain processes information differently, and although he stresses that there is a lot of overlap, the dominant side will be reflected in our behavior. Creativity stems from the way we see things: left-brain persons characteristically are linear thinkers who are logical, verbal, and critical. Right-brain people tend to be artistic, intuitive, illogical, and persuasive. The author helps us identify our dominant brain and then offers a series of stand-alone chapters on topics such as how to focus on more than one thing at a time, dealing with a tendency to be late, hundreds of time-saving tips, and how to improve memory. He urges us to set strict goals for ourselves by writing them down and referring to them frequently until they have been achieved.

Mary Whaley From the Inside Flap Creative folks often know all too well that the muse doesn't always strike when you want it to, or when the deadline for your next brilliant project is creeping up on you like an ill-fitting turtleneck. Originality doesn't follow a time clock, even when you have to. While conventional time management books offer tons of instruction for using time wisely, they are traditionally organized in a linear fashion, which just isn't helpful for the right-brain mind. In *Time Management for the Creative Person*, creativity guru Lee Silber offers real advice for using the strengths of artistic folks--like originality and resourcefulness--to adopt innovative time-saving solutions, such as:

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About the Author Lee Silber, author of *Career Management for the Creative Person* and *Self-Promotion for the Creative Person*, is an accomplished graphic artist, drummer, workshop leader, radio talk show host, and the founder of five companies, including CreativeLee Speaking. He lives with his wife in San Diego, California. For more information, contact him at [www.creativelee.com](http://www.creativelee.com).