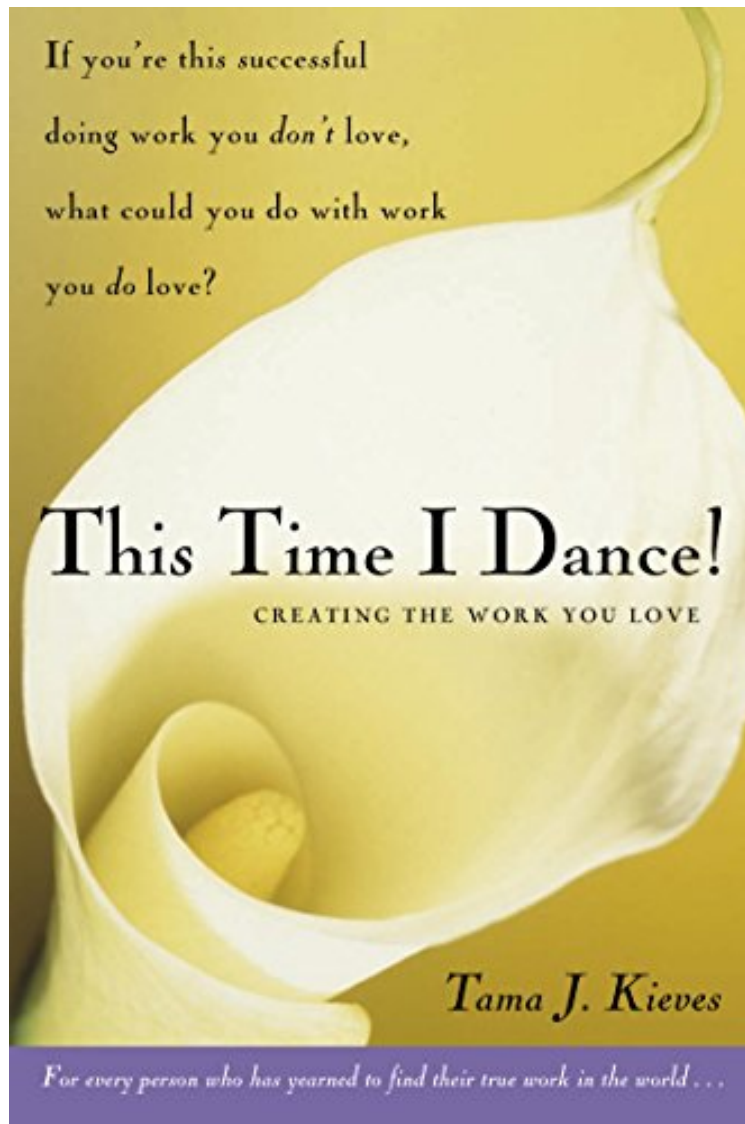


This Time I Dance!: Creating the Work You Love

Tama Kieves

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Tama Kieves : This Time I Dance!: Creating the Work You Love before purchasing it in order to gage whether or not it would be worth my time, and all praised This Time I Dance!: Creating the Work You Love:

0 of 0 people found the following review helpful. If you are looking to reinvent yourself, read thisBy Tim LarisonTama Kieves had it made. A Harvard Law School graduate, she had achieved what most people would consider "success" - a well paying position with a large firm. But something inside told her there was more to life than filing legal briefs and earning a big pay check.In "This Time I Dance!: Creating the Work You Love" Kieves tells her own story of leaving the corporate world to pursue a writing and coaching career. "No salary ever pays enough for us

to leave our truth behind," she writes. "Only a life of self-honor feels safe and sure. Everything else leaves us empty, hungry, and haunted for more." In telling her story with candor and wit, Kieves inspires us to follow our own callings, too. She encountered plenty of naysayers along the way, including her family, questioning why she would leave a secure job for a writing future that was anything but guaranteed. Perhaps you are considering a career change but wonder if you can support yourself in following your passion? "Decide to live your dreams before you can foresee the means," Kieves counsels. I liked how the book was a mix of biography and motivation. Kieves relates one story of meeting a senior partner from her old law firm in a chance encounter at a bank. Kieves' casual outfit that day matched her new artistic bent - complete with a striped feather tucked into a black hat. "You look great, just like Annie Hall," her old boss told her. Kieves was mortified. She later realized her former boss was well meaning in his comment, it was she that was condemning herself for "playing dress up." Kieves follows this story with a lesson: "we will face these kinds of tests in our transition ... trying on new lives feels like playing make-believe. But as we act out our new roles, we will make belief. We become solid with experience and poised and affirmed." Reading "This Time I Dance" encouraged me to pursue my own dreams. I have had this book idea in my head for the past year. I happened to meet Kieves and told her of my vision. "I so hope you write your book ... it's your dance," she wrote when I asked her for an autograph. Though I didn't win a publishing contract in my first attempt, Kieves' words motivated me to keep at it - to self publish. I recommend reading "This Time I Dance" if you, too, are looking to express yourself in new and exciting ways.

3 of 3 people found the following review helpful. A Refreshingly New Way to Look at Changing Careers By CustomerFive stars all the way! There were a few grammatical errors in the Kindle version, however the message this book sent was so refreshing that I barely noticed. I connected on such a base level with the Tama that I felt she climbed inside of my head when she was describing her desire to leave her position at the law firm. I believe that many of us share the overwhelming need to find a different path; that our current career is suffocating us or slowly sucking our souls dry. The difference between this book and all of the other self-discovery books out there is that the author shared her honest personal experiences, including the not so positive ones. There was no elaborate, if you do this then the world will bow to you, plan. Instead, the plan is very simple. Learn to trust yourself, and stop worrying so much if others approve of you or not. Tama's experiences show that while the plan is simple it is not always easy. In the end I actually finished this book, which is rare for me to do with a Self-Helper. Not only did I finish it but found myself wishing that there was more. It inspired me to 'get off of the pot,' so to speak, and start figuring out what my own dreams are; as well as challenging the thought process that has lead me to the career prison of my own making. Thanks Tama for writing this book, it has been a breath of fresh air.

0 of 0 people found the following review helpful. An Intimate Reveal at What's Stopping You By S. Lester The first of the five stars I've given this is for Tama personally for not giving up her dream so that we are able to see it too. The second star is not so much for her courage in this pursuit, but for her courage in revealing intimate defeatist self talk she encountered and learned was the primary anchor in keeping her from flight. The third star is for her writing. Tama is a master at creating metaphors to hit your nail on the head and knock some sense into it. The fourth star is for the honesty. Tama has been personally and painfully revealing in her struggles to follow her passion and in doing so has made a very realistic picture of the path to living your dream work. And finally, the fifth star is for the book in total. I'm a sucker for these magical success stories and this is one of those with all the characters of a novel except the villain and hero are both Tama. We know who wins the battle and lives on to write the epic "Inspired and Unstoppable" but that doesn't spoil the story, it only makes it better.

These are all things that we have to deal with when going through a career change. What is most difficult is deciding to make the change, especially when you are good at what you do, and wonder whether you should just stick it out in an unhappy-albeit well-paid-environment instead of taking a risk and starting over doing something you love. In *This Time I Dance!*, Tama Kieves shares the inspiring wisdom that led her from being a successful Harvard lawyer to an even more successful writer and life coach. The best part? She's happy with her career! We all look for what will make us happy in life, but we don't always make the choices that we should when it comes to sustaining that happiness. Tama Kieves shows how to do just that: how to stay happy and employed doing something you love, and what it takes to stop being a stressed-out worker and make peace with your career-and, most important, with yourself. Filled with solutions to the anxieties and roadblocks you may confront on your path, *This Time I Dance!* is for all those who are unfulfilled at work and uncertain of the practical steps that they should follow to achieve their dreams.

From Publishers Weekly In the days of layoffs, cutbacks and tough competition in the job market, Kieves reminds readers that life may be better outside the boardroom. When the Harvard-educated lawyer took a rare vacation from her job at a corporate law firm, she realized that she couldn't bear the thought of returning. Watching the sun set over crashing waves, she resolved to lead the life she'd always been longing to live-that of a writer, teacher and creativity coach. This book of short, lively essays that Kieves wrote over the course of her journey of discovery and self-fulfillment includes anecdotes of embarrassing run-ins with former coworkers; disappointment or disbelief from relatives and mere acquaintances alike; and the challenge of paying the bills on an artist's salary ("Could I rent an

apartment and buy Starbucks coffee on divine benevolence?"). Kieves triumphs again and again by trusting herself and not giving up. Undaunted by her own experiences with self-doubt and rejection letters, Kieves encourages her readers to "live unreasonably" and "step into the river" of their dream lives. This is not the most elegantly written book-Kieves can be a little breathless, a little cutesy-but it's an inspirational and honest guide to crafting a more creative life. Copyright 2003 Reed Business Information, Inc. Praise for THIS TIME I DANCE: "THIS TIME I DANCE is a powerful song for the soul from one who has mastered the steps. Tama Kieves reminds us of the power in dancing to your own music." —Iyanla Vanzant "In a way, readers will be treated to their very own personal coaching session in the pages of Tama's book." —Evolve! Magazine "An inspirational and honest guide to crafting a more creative life." —Publishers Weekly "If you're ready to make the journey into the life of living your dreams, Tama J. Kieves is the tour guide you've been waiting for. This book is brilliant. It will have a long-lasting impact on all those brave enough to embrace their own magnificence. I simply loved every word." —Barbara J. Winter, author of Making a Living Without a Job "Tama Kieves gives voice to the fearless spirit within each of us. If you want to wake up to your own purpose and passion, read this book. It will open your heart and guide you home." —Rhonda Britten, author of Fearless Living "Tama J. Kieves writes with real honesty and compassion, and makes a compelling case for a passionate life. Her beautiful book is a great big voice of 'Yes!'" —Gregg Levoy, author of Vital Signs Praise for INSPIRED UNSTOPPABLE: "2013 Nautilus Books for a Better World Silver winner as Best Inner Prosperity / Right Livelihood Book" "Wild success is a function of deliberate, alive choices. Through her own walk through doubts and struggles, Tama Kieves shows you how to stay inspired and unstoppable; in every circumstance you confront; in business, living your vision, and life. If you want to stay on fire as you do your greatest work in the world, read this book now." —Jack Canfield, bestselling coauthor of Chicken Soup for the Soul and The Success Principles "Finally, success tips that work. Success principles litter the self-help sections of bookstores and fill up podcasts and magazine articles. But I haven't read something quite so refreshing as Tama Kieves's new book, Inspired Unstoppable: Wildly Succeeding in Your Life's Work, in a long time." —Victoria Pynchon, Forbes.com "A revelatory book that brilliantly applies inspiration, practicality, and humor to identifying and living your highest potential. You won't be able to stop reading this invaluable guide to inner and outer success in your creative expression." —Michael Bernard Beckwith, author of Spiritual Liberation: Fulfilling Your Soul's Potential "This book is like having your own wonderful success coach. Inspired Unstoppable will show you how to stay true to your personal and professional vision; no matter what; and get you where you dream to be. This is a soulful and practical book, full of encouragement and guidance that will save you years of time and pain. You're going to want to read this often." —Marci Shimoff, New York Times bestselling author of Happy for No Reason and Love for No Reason About the Author Tama J. Kieves left her practice with one of Denver's largest law firms to pursue a writing career and embolden others to live and breathe their most meaningful self-expression. Today, she devotes her dynamic energy to writing, coaching, and presenting workshops and retreats nationally.