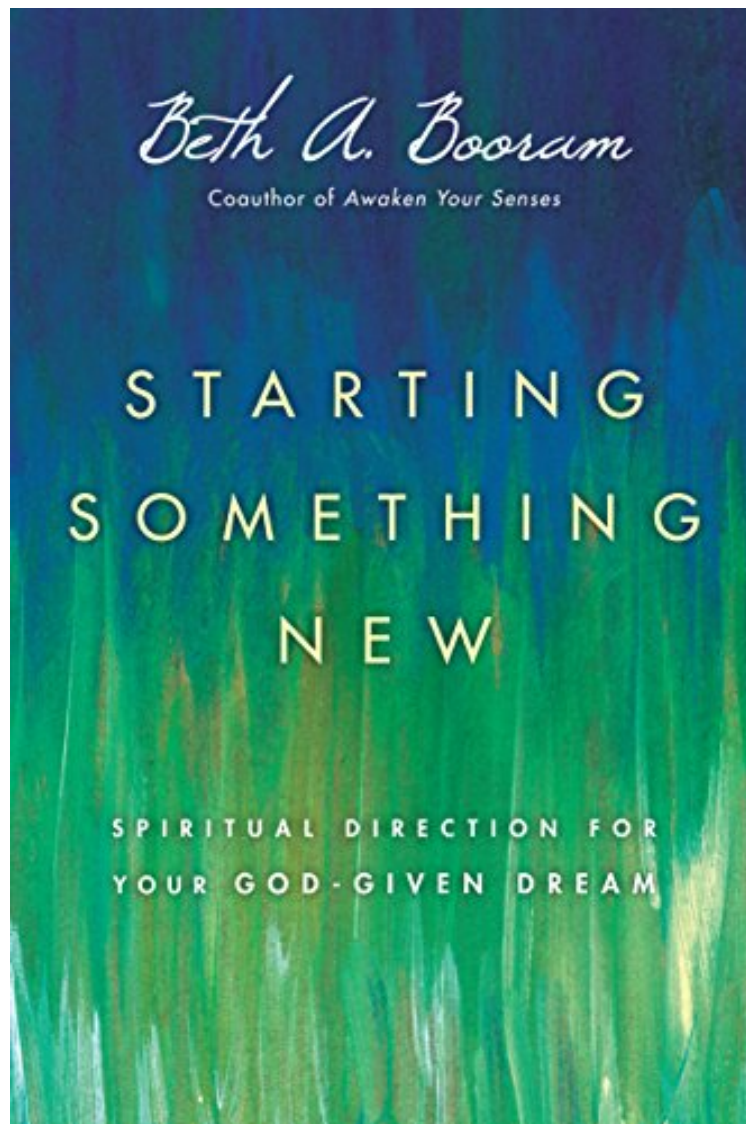


(Mobile pdf) Starting Something New: Spiritual Direction for Your God-Given Dream

Starting Something New: Spiritual Direction for Your God-Given Dream

Beth A. Booram

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Beth A. Booram : Starting Something New: Spiritual Direction for Your God-Given Dream before purchasing it in order to gage whether or not it would be worth my time, and all praised Starting Something New: Spiritual Direction for Your God-Given Dream:

3 of 3 people found the following review helpful. A Wonderful ReadBy Lee WaldronIn Starting Something New , Beth A. Booram not only identifies with the dreamer but guides them in connecting with the many different stages in the process of dreams becoming reality. This book is perfect for anyone who has imagined greater possibilities in

response to The Spirit stirring ideas and passions within them. Along with serving as a practical guide, Booram invites you into her personal journey as a dreamer, as well as the stories and adventures of 15 other Jesus-followers who humbly embarked on the life-giving mission of pursuing God-given dreams laid on their hearts. The book identifies the reader with the many different stages of the process of bringing a dream to reality. My favorite chapter was on "Discerning". A key thought that stuck out to me was that Beth encourages us while paying attention to our dream to also pay attention to the deeper work God is doing in our inner life and character. Her book connects God's voice into the dreaming journey and makes sure the reader does not lose sight of the creator when taking hold of their pursuit towards new dreams. As a dreamer myself I found the book to be both affirming and encouraging. I will come back to it. 3 of 3 people found the following review helpful. I enjoyed reading Beth's book. By Jessica What an uplifting and motivating read. Beth's gentle yet coaxing voice shines through in her writing. In her book Starting Something New, Beth encourages readers dream even the smallest of dreams. The world is made up of small dreams and while some start movements or change the world others simply move an individual and change their personal world. In either case it is worth the process. I enjoyed reading Beth's book, especially because she addressed the reality of the pain that comes along with birthing a dream. She offers great spiritual guidance and direction for those moments of uncertainty or eminent death. Her ability to address issues of the heart and the mind is admirable. The reflection questions at the end of each chapter is a great tool when considering our own dreams and the process of birthing them. I would highly recommend this book to anyone who has felt a incomprehensible nudge or desire to move into a unknown territory. Personally, I have struggled with pursuing a dream but with the help of this book I have come to feel confident in my moving forward. 3 of 3 people found the following review helpful. Excellent Direction. By Morgan Great spiritual direction, not just for those with a dream, but for everyone who will have a dream at some point in their life. Booram's book is rooted in two illustrations: (1) Robert Frost's quote that "Way leads to way," and (2) pregnancy to birth. With respect to #1, Booram demonstrates how all opportunities lead to more opportunities and the discernment to know which ones correlate to your dream. For #2, the book flows from the impregnation of a dream (how it forms even without our knowing), to the full blown birthing process (including the pain that comes with it). The final chapter is about sustainability and various ways to go about appropriately laying out a vision and plan for your dream to be a success. Lastly, the book is split up with interviews of others who have fulfilled their God-given dreams, and every chapter provides spiritual direction and practices. An excellent read for anyone contemplating a dream or looking for a tool in their life's toolbelt.

Do you have a dream? Do you have a creative idea stirring within you to do something different or start something new? If so, you're not alone. Many people have God-given dreams but don't know how to discern what they are and develop them into something real. Most of these dreamers aren't business people or experienced entrepreneurs. They're just sincere Christ-followers who need a spiritual and practical guide to help them realize their dream whether it be to start a new ministry, non-profit or business, or even the vision to begin a new lifestyle. Drawing from her personal experience and the stories of fifteen others, spiritual director Beth Booram has written this companion guide for those who wonder if they have a God-given idea but don't know what to do with it. Interviews from people like Chris Smith, Phileena Heuertz and Randy Reese who have courageously embraced a God-prompted idea are included with each chapter to add further vision and insight. Carefully designed exercises at the end of each chapter will guide and provide practical support for those who are on the spiritual journey of identifying and acting on a God-given dream. By the end, you will know that one of the privileged tasks of life is to discern, shape, birth and sustain something new.

"Booram weaves in the stories of her directees and a number of other people she interviewed. These stories, not only of success but also of the challenges during the different stages of birthing of a large leading, are helpful and instructive, especially when considered alongside the suggested journaling exercises at the end of each chapter." (Patricia Morrison, Friends Journal, November 1, 2016) "If you ever have felt as if a new idea or dream was stirring inside of you, but you couldn't tell whether it was yours or God's, Starting Something New may be exactly what you need. . . . This book would be perfect for youth pastors/leaders who are feeling as if God is calling them to do something new within their ministries. Warning: You are going to want a lot of time to process this book and may benefit from having the involvement of a spiritual guide or mentor." (Andrea Sawtelle, YouthWorker Journal, September/October 2015) "A thoughtful aid for the discernment of one's call, this book will be especially helpful for those considering a new dream. It will give you some guidance as well as courage to take a risk on the dream of God that is coming forth from you." (The Presbyterian Outlook, April 13, 2015) "Most dreams go unnoticed or ignored and quietly die. Others are noticed but not adequately nurtured, meeting the same end. Yet the God of superabundance continues to knock at the door of our intellect, desire and imagination, inviting us to participate in the restoration of all things. So what a remarkable gift to have such a wise woman, steeped in the realities of dream-birthing, provide us with reliable ways of noticing, nurturing and birthing the very life of God into this world! Beth Booram has given us a healthy incubator, and I light up when I think about the unaccountable good that many thousands will receive from the dreams that are made incarnate through this book!" (David Nixon, founder and director of Sustainable Faith, founding

pastor of Vineyard Central)"As a huge proponent of the importance of dreams and an even larger advocate for the ministry of spiritual direction, I quickly became a fan of this terrific book on both topics! Thanks to Beth Booram for writing such an inviting text for all who wish to discern their God-given dreams." (Stephen Macchia, president of Leadership Transformations, and author of *Crafting A Rule of Life*)"Starting Something New is a refreshing book of wisdom that promises to support anyone who is daring to let a dream take hold of their life. With engaging insight Beth Booram offers the best of spiritual direction to help us discern God's creative work in and through us and find the courage and boldness to live the dreams stirring in our heart." (Phileena Heuertz, author, *Pilgrimage of a Soul*, co-founder, Gravity, a Center for Contemplative Activism)"This new book by Beth Booram is a wonderful gift to all of us who dare to dream but are unsure what to do with those dreams. . . . Immensely practical, it will walk you through the process of nurturing dreams within a climate of spiritual discernment. Hold this book in one hand and your dream in the other and watch as the Spirit leads you forward!" (David G. Benner, author of *The Gift of Being Yourself*)"God is up to something good in our lives, requiring a prayerful work of paying attention. Starting Something New is a timely resource for those seeking discernment and guidance for the secret stirring within that just won't go away. Beth Booram offers both inspiration and wisdom through her own story and the stories of those who trusted the Spirit's stirring to follow after their own God-given dreams. Whether you are seeking direction or providing it for others, Starting Something New will help set people on a path they were meant to follow after." (Randy Reese, president, VantagePoint3, and coauthor of *Deep Mentoring*)"Read this slowly and reflectively. The stages of discernment and growth Booram describes can spread out over many years. Let this be one of many companions in discernment throughout the long and joyful journey of starting something new." (Christopher Brown, *Poiesis Theou*, December 28, 2015)

About the AuthorBeth Booram is the co-founder and director of Sustainable Faith Indy, an urban retreat center in Indianapolis, where she leads The School of Spiritual Direction and offers individual and group spiritual direction. Beth speaks around the country on topics related to spiritual formation and Christian leadership and has been involved for more than thirty years in a variety of ministry roles on the college campus and within the local church. Beth is a deep feeler who loves to think, an extrovert with a penchant for solitude, and an artist who sees the hand of God in even the smallest encounters with creation. She and her husband David live near downtown Indianapolis in their 100-year-old home and retreat center. She has authored several books including *Awaken Your Senses*, *Picturing the Face of Jesus* and *The Wide Open Spaces of God*.