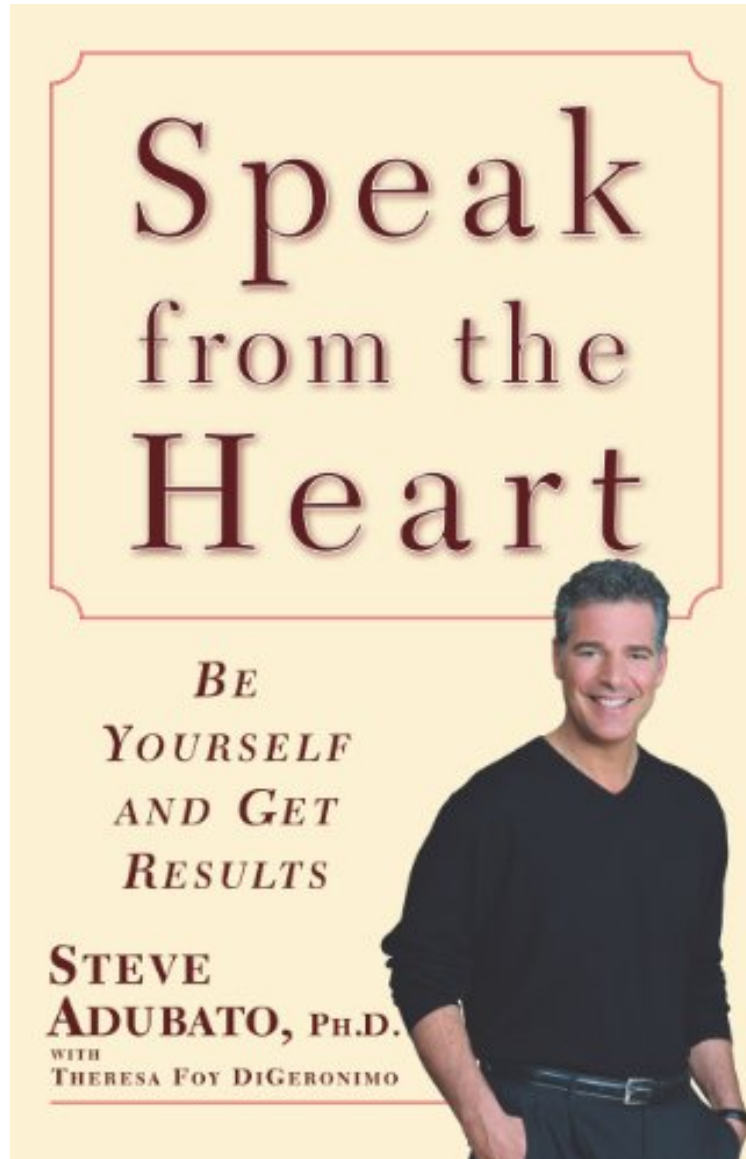


(Download ebook) Speak from the Heart: Be Yourself and Get Results

Speak from the Heart: Be Yourself and Get Results

Steve Adubato, Theresa Foy DiGeronimo
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Steve Adubato, Theresa Foy DiGeronimo : Speak from the Heart: Be Yourself and Get Results before purchasing it in order to gage whether or not it would be worth my time, and all praised Speak from the Heart: Be Yourself and Get Results:

1 of 1 people found the following review helpful. Speak from the HeartBy BelieverWhen I encourage my patients to speak from the heart I receive more information about my patient that is helpful with their treatment than when I allow them to speak in general.1 of 2 people found the following review helpful. Five StarsBy Margaret SpellmanGREAT3

of 3 people found the following review helpful. Heartfelt Thanks By Kindle Customer As a professional speaker, I long ago learned the secret of "speaking from the heart." And, most of the better books on public speaking do in fact make this among their most important points. But, by using this critical point as his book title, Steve Aduabato has brought this important concept front and center. Loud and clear! One of the things I liked most about this book was its excellent organization. The author connects with his great title by devoting the first part of the book to "Communicating with Passion." Then, the author drills down on the specific skills that support one's ability to speak with passion. In an age where so many books are not well organized and therefore tax the reader with developing one's own analytical framework for the subject, this book lays out a sound framework for being a great communicator. The framework is then well supported by both theory, and anecdotes that serve to effectively drive home the learning point. At the risk of being picky, my sole disappointment is that the author acknowledges some leading self-improvement gurus (e.g., Dyer, Robbins, et al) as among the very best speakers, but regrettably never shares what he thinks makes each of them such a standout. Is the only learning point from these gurus that they speak from the heart? Personally, I believe each of those listed draws on many of the other points made by Aduabato. Given the author's clear expertise, I would have benefited even more had he shared his insights into what makes those he learned from so great. MMMMmmmm...so Steve, is that the sequel? "Speakers from the Heart"?? I am ready to preorder that gem.

In *Speak from the Heart*, Emmy Award-winning broadcaster, newspaper columnist, and motivational speaker Steve Aduabato reveals the secrets to being a great communicator -- with a program that will dramatically change the way you talk, listen, and connect with others. Steve Aduabato's life experiences, both professional and as a husband, son, brother, and father, have taught him invaluable lessons about the power of personal, sincere communication. In *Speak from the Heart*, he demonstrates that being a truly great communicator is not simply about being articulate or being a "good talker." It is not about fancy visuals and PowerPoint presentations, or hard-core sales pitches, or even who has the most facts, figures, and technical wizardry. What really counts is making an authentic connection with other people that comes not merely from the intellect but from the heart. If you want to make a lasting impact, Dr. Aduabato shows you how to engage people through empathy and understanding, how to be a great listener, and how to make an audience -- whether one, one hundred, or one thousand people -- care about you and your message. He helps you to rely less on written speeches, teleprompters, and index cards full of too much forgettable information, and learn, instead, how to tell a compelling story and create excitement and enthusiasm. You will learn, for example, how to: Lecture less and engage more Communicate under pressure Make effective use of eye contact Develop a conversational style Inspire in a human, personal way Become comfortable with your core message *Speak from the Heart* will not only make it easier for you to communicate your message without being ignored or misunderstood; it will also improve your relationships with other people and help you to become more productive at work -- with more satisfaction and less stress. Written by a man who has trained thousands of professionals in all walks of life, including corporate managers, lawyers, educators, health professionals, salespeople, and customer service reps, *Speak from the Heart* is for anyone who interacts with others at work, at home, in the community, or at social functions.

.com Communicating effectively--with a significant other, a roomful of colleagues, or an auditorium packed with strangers--can challenge even the most articulate. In *Speak from the Heart*, Emmy-winning broadcaster Steve Aduabato maintains that success comes from the direct emotional connections you make with your audience. Using his own experiences, as well as those of a range of notables from Oprah Winfrey to Colin Powell, he offers specific ways to develop that bond in circumstances where it matters most. Aduabato shows how public speakers can get a handle on their audience and their message, determine their key themes, and then outline them to encourage as interesting and engaging a delivery as possible. He explains how "talking without speaking" plays a vital role in communicative settings and offers tips on body language (gesture toward someone with an open hand, palm up, rather than a pointed index finger), first impressions ("the level of confidence you have is first seen in the way you hold your body"), and active listening (eye contact, gestures, and smiles all convey your interest). Aduabato additionally applies these principles to casual business encounters, leadership situations, workplace teams, communication technology, customer service, and the particular considerations that gender often interjects. "Being a truly great communicator is not simply about being articulate," he writes. "It's about who can make an audience care about the message and find the words that touch not only the intellect but also the heart." His precise advice and suggested exercises should help anyone improve this critical skill. --Howard Rothman From Library Journal These two books treat similar subjects, but the contrasts are significant. One covers the entire landscape of speaking, whereas the other focuses just on "small talk." The title of *Speak from the Heart* describes the book's very solid premise. Emmy Award-winning broadcaster and motivational speaker Aduabato emphasizes the importance of being genuine as he attempts to cover every conceivable speaking situation, including public speaking, private conversations, group discussions, and listening. He guides readers in the use of eye contact, developing a conversational style, and being comfortable with their message. Despite many charming personal anecdotes and stories drawn from other sources, this book remains a heavy read. Ironically, while Aduabato tells us to make a connection with our audience rather than to "cover the material," he does a much

better job of covering the material than of connecting. In contrast, Fine fully engages her audience. She involves readers in the discussion and gives lists of lines people can use to start, maintain, or end a conversation. She discusses conversation topics and how to use them and also includes quizzes, throws in a poem, and scatters a few cartoons to break up the text. Originally released as an audiocassette in 1997, this work comes across much like one of her seminars on small talk. The Fine Art of Small Talk does everything that Speak from the Heart says should be done. Adubato's book is best for academic libraries or large public and business libraries. Fine's is a better choice for most public libraries, as well as business libraries. David Leonhardt, Toronto Copyright 2002 Reed Business Information, Inc. Dr. Jane Greer author of Gridlock: Finding the Courage to Move On in Love, Work and Life In Speak from the Heart, Dr. Adubato demonstrates how passion and compassion can empower and enrich all your personal and professional relationships...A must-read.