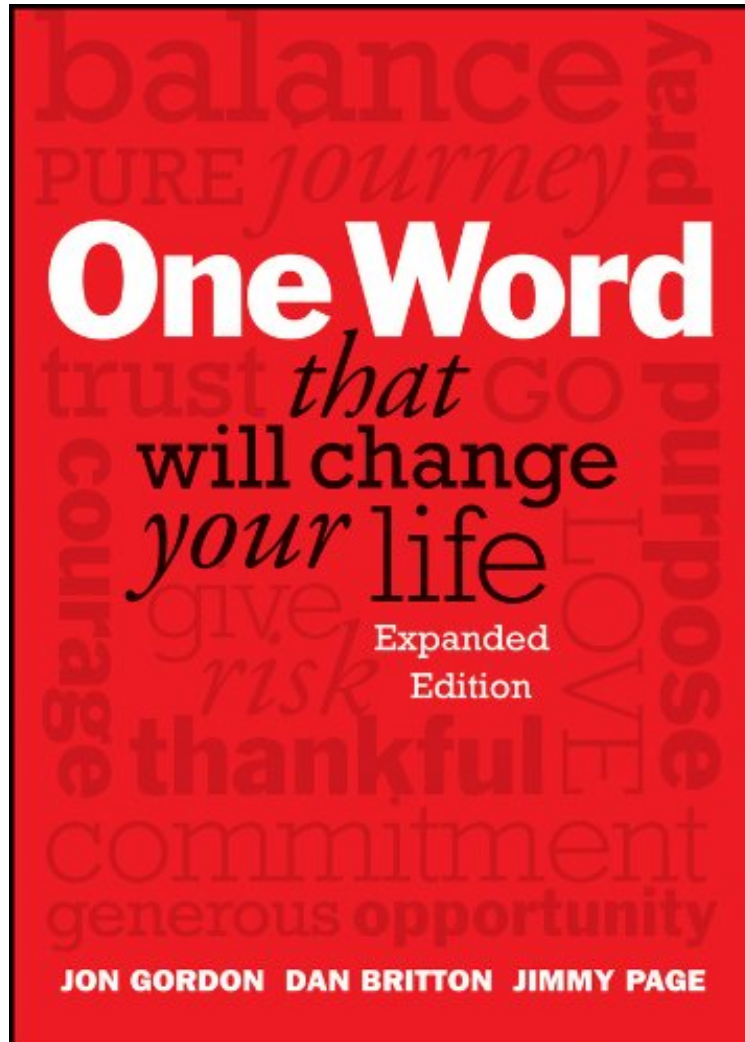


One Word That Will Change Your Life, Expanded Edition

Jon Gordon, Dan Britton, Jimmy Page

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Jon Gordon, Dan Britton, Jimmy Page : One Word That Will Change Your Life, Expanded Edition before purchasing it in order to gage whether or not it would be worth my time, and all praised One Word That Will Change Your Life, Expanded Edition:

31 of 31 people found the following review helpful. Discover a Guiding Principle to Narrow Your Focus, Simplify Your Life and Enjoy Success By Dave McGhee This is a powerful book that will help you determine one powerful word to guide your life over the next 12-months. This is not a book about goals, or time management, or success. But, it will help you achieve all three. This is a book about determining your focus and direction. It's a book about simplicity - which "creates clarity power and passion." It's a book that will help you "live life to the fullest and become the best you." It's not about choosing a word to guide your life, it is about uncovering that word. And the moment you do, you will feel the power of that word. The authors walk you through a simple process to uncover that word by

examining your past successes and struggles, and your future hopes, dreams and concerns. Once you have that word you'll find you can narrow your focus and simplify just about everything in your life and work. My biggest take-aways: 1. Buzy-ness is a disease that is robbing us of our life 2. Buzy-ness throws us into survival mode and leaves no time for mission and meaning 3. Buzy-ness makes us stop caring about the things we actually care about 4. The key to eliminating buzy-ness is a narrowing of focus and a philosophy of simplicity 7 of 7 people found the following review helpful. My word is Trust as in trust in God. By Consumer reporter Actually I learned my word just before reading this. For me the word is "TRUST" as in Trust in God for all things. I know I have not been one to trust anyone all my life. But this book helps you to focus on a single word and think of that word many times a day. 8 of 8 people found the following review helpful. Absolutely outstanding! By Steve Harrington Starting a new direction and journey in my life, the one word process takes you on a self-exploration road trip guaranteed to turn your life around. It has provided in me, a newly discovered hope for a positive and fulfilling future.

The guide to creating simplicity in your world and developing a discipline for life, now in a full-color, expanded edition *One Word* explains how to simplify your life and business by focusing on just ONE WORD for the entire year. The simplicity of choosing one word makes it a catalyst for life-change. Clutter and complexity lead to procrastination and paralysis, while simplicity and focus lead to success and clarity. By celebrated authors Dan Britton, Jimmy Page, and Jon Gordon, *One Word That Will Change Your Life* shows you how to cut through to the core of your intention for the next year. It offers an action plan and simple process to discover your word for the year. It also explains how your one word will impact the six dimensions of your life: mental, physical, emotional, relational, spiritual, and financial. This beautifully illustrated full-color Second Edition includes even more stories demonstrating the impact of embracing the One Word call to action. It explores the legacy of taking a focused approach to your life and outlines six new dimensions to the Action Plan. Includes additional material on developing the One Word for teams and families, specifically how a group of people can also have a One Word. Demonstrates how to establish a simple, disciplined, and focused approach to the next year of your life. Discover how to create simplicity in your world and develop a discipline for life through the power of One Word.

From the Inside Flap Just One Word. What if one thing could improve your life in incredible ways? What if One Word could mean the difference between repeated failure and newfound success? In this beautifully illustrated, full-color revised edition, *One Word That Will Change Your Life* will inspire you to simplify your life and work by focusing on just One Word for the entire year. That's right! One Word can create clarity, power, passion, and life-change. Each year, resolutions are rarely kept and goals are easily forgotten. But One Word sticks. By living a single word that embodies the essence of your life at this moment, you'll find renewed purpose and meaning throughout the year. Join thousands of people and hundreds of schools, businesses, churches, and sports teams who have found their One Word... and discover how to harness the transformational power of your One Word. From the Back Cover There's a word meant for you. When you find it, live it, and share it... Your life will become more exciting and purposeful than ever. "One Word is a great little book that conveys a profoundly simple idea. Discover your One Word for the year, own it, live it, and experience its impact on your life. One word for this book: Priceless!" —Ken Blanchard, coauthor of *The One Minute Manager*; and *Leading at a Higher Level* "My wife and I read *One Word* and we loved it! My favorite word for this book is Powerful! Read it today and discover the power of One Word!" —Lou Holtz, former Head Coach of the University of Notre Dame About the Author JON GORDON is the author of the Wall Street Journal bestseller *The Energy Bus*, *The No Complaining Rule*, *Training Camp*, *The Shark and the Goldfish*, *Soup*, *The Seed*, and *The Positive Dog*. Jon and his tips have been featured on Today, CNN, Fox Friends, and in numerous magazines and newspapers. Follow him on Twitter @JonGordon11. DAN BRITTON serves as the Executive Vice President of International Ministry and Training for the Fellowship of Christian Athletes. Dan is a speaker, author, marathon runner, and former professional lacrosse player who has coauthored two books, *WisdomWalks* and *WisdomWalks SPORTS*, and is the author and editor of eleven FCA books. JIMMY PAGE serves as a Vice President of Field Ministry and the National Director of the Health Fitness for the Fellowship of Christian Athletes. Jimmy is a speaker, author, triathlete, fitness leader, and coauthor of three books, *WisdomWalks*, *WisdomWalks SPORTS*, and *PrayFit*. He hosts a weekly radio segment called *FitFridays*.