

(Free) Now What? Revised Edition: 90 Days to a New Life Direction

Now What? Revised Edition: 90 Days to a New Life Direction

Laura Berman Fortgang

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"Laura Berman Fortgang is your perfect guide to making change in your life. You will be inspired, but more important, you will finally take action."
—PAMELA SLIM, author of *Body of Work* and *Escape from Cubicle Nation*

LAURA BERMAN
FORTGANG



90 DAYS TO A
NEW LIFE DIRECTION

UPDATED AND REVISED THIRD EDITION

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Laura Berman Fortgang : Now What? Revised Edition: 90 Days to a New Life Direction before purchasing it in order to gauge whether or not it would be worth my time, and all praised Now What? Revised Edition: 90 Days to a New Life Direction:

A clear and utterly practical ninety-day program for discovering a new direction for your life; now completely revised and updated by the author! In Now What? pioneering life coach Laura Berman Fortgang shares the

process that she has used to help hundreds of clients make major changes in their lives. Whether it's moving on from a dead-end job, discovering an entirely new creative outlet, or answering the age-old question "What am I meant to do with my life?" this book provides a clear and practical ninety-day program that can help you make major changes in your life. This revised edition includes valuable insights into how to stoke change, including:

- Ten years of additional client experience
- Reports from 500 coaches worldwide who have trained to use this material with clients
- New stories and modern-day dilemmas addressed
- QR codes and additional interactive materials

For anyone who feels drawn toward a life-changing move but is not sure exactly what to do or how to move forward, *Now What?* presents a concrete process for finding and pursuing a new path in life.