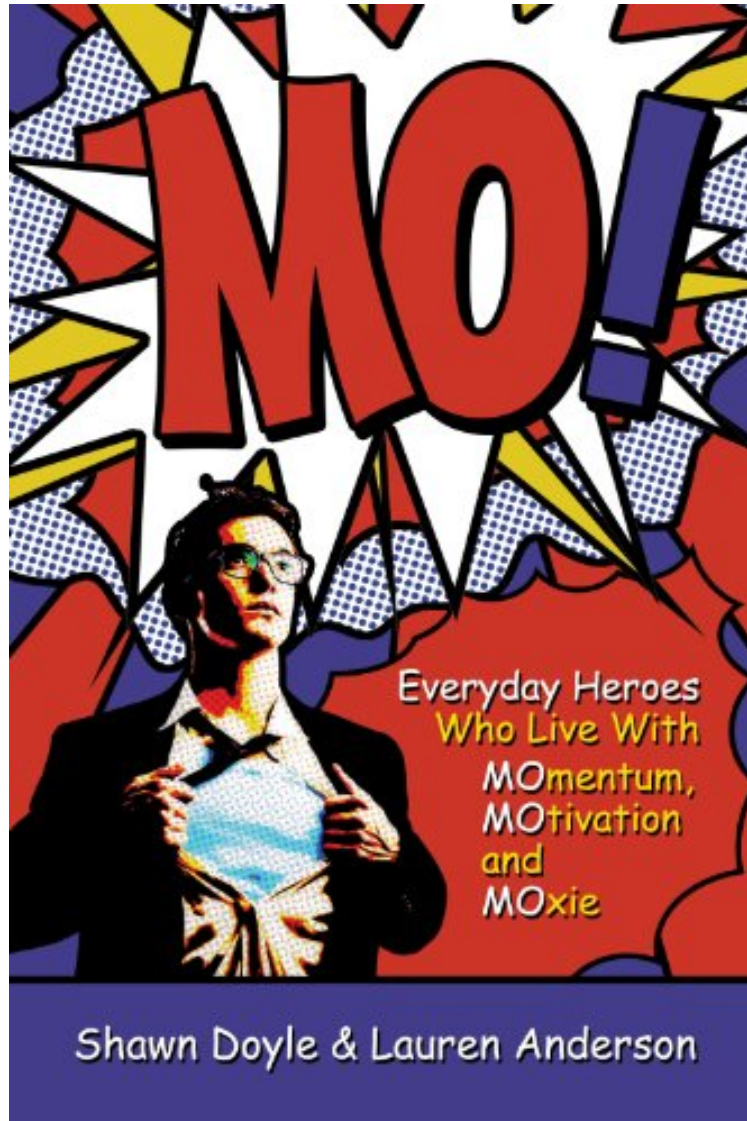


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MO!: Live with Momentum, Motivation, and Moxie

Shawn Doyle, Lauren Anderson
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nbsp;What is MO?nbsp;

"MO" is a unique approach in the genre of self-help and MOtivational books. Shawn Doyle and Lauren Anderson are practical and professional in their writing. "MO" is entertaining, instructional, and highly MOtivational. -- The Midwest Book , Richard R Blake About the Author Shawn Doyle CSP is a learning and development professional who has a passion for human potential. He has an avid belief in the concept of lifelong learning. For the last 22 years, Shawn has spent his time developing and implementing training programs on team building, communication, creativity and leadership. Shawn's training programs help people become more effective in the workplace and in their lives. Some clients include Pfizer, Comcast, Charter Media, IBM, Kraft, Microsoft, The Marines. Lauren Anderson is highly sought after as a Consultant, Mentor and Spokesperson. She is a frequent and recognizable guest on national television and writes numerous articles for top specialty and professional publications. Lauren belongs to numerous business associations all over the country and participates in many charitable and fundraising events. She is also co founder of The East Side Clickers, a business networking group in South Florida.