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# Military Life 101: Basic Training for New Military Families

*Janet I. Farley*

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# MILITARY LIFE 101

Basic Training  
for New Military Families



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**Janet I. Farley : Military Life 101: Basic Training for New Military Families** before purchasing it in order to gage whether or not it would be worth my time, and all praised Military Life 101: Basic Training for New Military Families:

Making the most of all your new military life has to offer can be difficult when you arenrsquo;t familiar with what life in the military really means. Military Life 101: Basic Training for New Military Families answers many of the

questions that service members and their family may have about life in and around the armed forces. Janet I. Farley addresses what to expect from life on the home front in the military and how this career path not only affects the service members but their families. This useful, concise guide effectively introduces new service members and their families to the culturally relevant and need-to-know information required to survive and thrive in the ever-evolving military lifestyle.

Life in the military is quite different from civilian life, and although those entering basic training may be prepared, their spouses are often not ready for all that their new circumstances will entail. This guide covers it all: learning new jargon and customs, managing finances, seeking out resources specific to military families, and dealing with moving. There is also a section on deployments and other separations, and one on difficult topics, such as depression and divorce. Farley (a career transition expert working with service members) has created an accessible and important guide, suitable for most public libraries; essential for base libraries and libraries in military-service areas. (Booklist) Military Life 101 is a practical, useful, comprehensive, concise guide effectively introduces new service members and their families to the culturally relevant and need-to-know information required to survive and thrive in the ever-evolving military lifestyle. Enhanced with the inclusion of two appendices ('Military Life 101 Recommended Reading List' and 'Common Military Terms and Expressions'); Notes, and an Index, Military Life 101 is unreservedly recommended for high school, community, college, and university library Jobs/Careers collections in general, and Military Studies supplemental reading lists in particular. For the personal reading lists of students and non-specialist general readers with an interest in the subject it should be noted that Military Life 101 is also available in a Kindle format. (Midwest Book ) Military life should come with an instruction book, and thanks to Janet Farley, now it does. No one is more qualified than Janet to write the "101" for this life, and few authors could be as dedicated and connected to the military community as she is. Military Life 101 is a comprehensive but uncomplicated guide, preparing the reader to walk the path of military life with clear and reasonable expectations. Rather than providing a proscribed trajectory, the author provides clear guidance, giving readers the power to make their own well-informed decisions. There are as many ways to live military life as there are people living it, and each of them can benefit from this book. (Terri Barnes, a military wife of 30 years; author of Spouse Calls: Messages From Military Life (a best-of collection of her award-winning column in Stars and Stripes); special projects editor for Elva Resa Publishing) Honest, direct, and spot on, Janet Farley provides full spectrum insight into what it truly means to be a member of the U.S. Military community; in uniform and out. Janet gets to the nitty-gritty of a wide range of topics and courageously addresses how families can effectually handle some of the painful aspects of military life that could potentially befall them given our protracted years of war. A great book for anyone wanting to know the ins and outs of military life; a must read. (Brenda Linnington, Advisor, Military and Veteran Financial Readiness Issues; U.S. Army Veteran and West Point; 81 graduate; Military Spouse of 35 years; Mother of a U.S. Army Soldier; Military Family Advisory Network (MFAN) Board of Directors) Janet Farley has covered life in the military for many years and brings an up-to-date perspective with her new work, Military Life 101. In addition to being an expert author in the field, Janet has experienced the military firsthand from a spousersquo;s perspective, and readers can count on getting real, applicable information gleaned from a life connected to the service. (Bill Scott, VP Marketing, Bradley-Morris, Inc.) A fantastic introduction to a world that can be confusing and intimidating. I wish Irsquo;d had this when I became an Army wife. (Rebekah Sanderlin, contributing editor to Military.com; writer of the Must Have Parent column; co-founder of MustHaveParent.com.) About the Author Janet I. Farley, EdM, is a long-time respected career transition expert within the greater military community. She offers military service members and their families her own brand of compassionate yet straight-forward career management and job search advice via her books and articles. Farley currently writes for the Military Officers Association of America ([www.moaa.org](http://www.moaa.org)) and she is a contributing editor for Military Transition News ([www.civilianjobnews.com](http://www.civilianjobnews.com)). She is an employment panel expert for the National Military Spouse Network ([www.nationalmilitaryspousenetwork.org](http://www.nationalmilitaryspousenetwork.org)) and the author of several other works on career transition, including The Military Spousersquo;s Employment Guide, The Military-to-Civilian Career Transition Guide, and Quick Military Transition Guide.