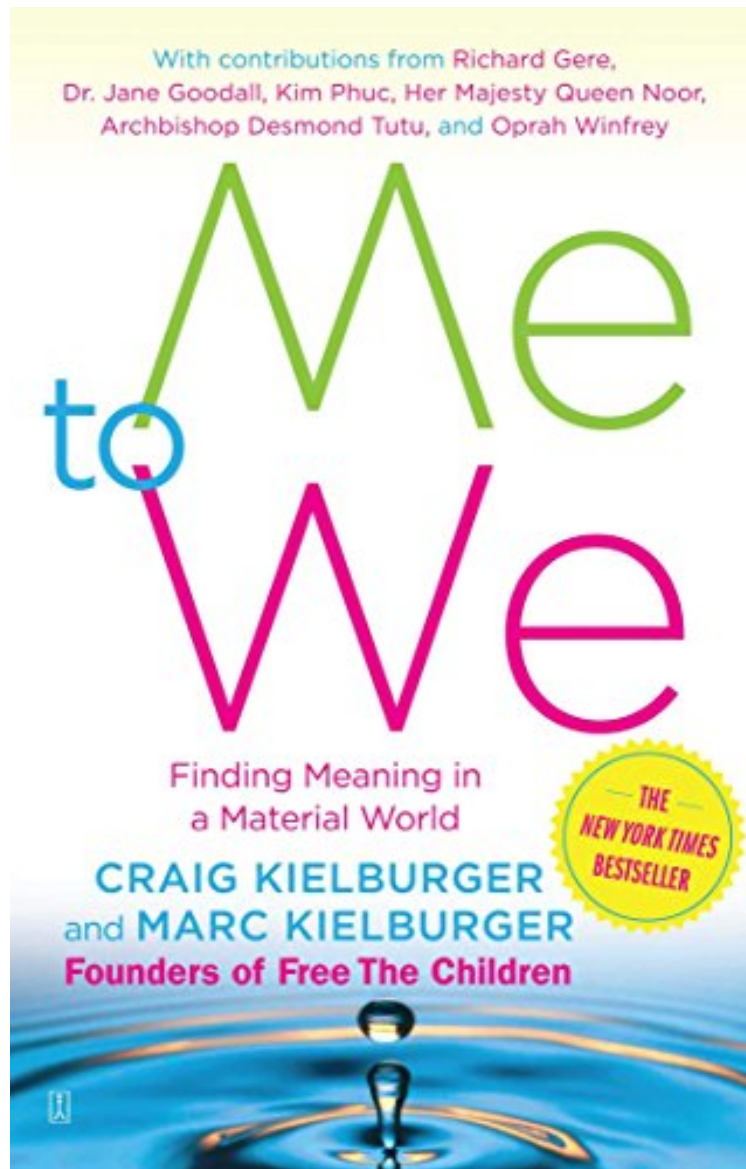


(Download free pdf) Me to We: Finding Meaning in a Material World

## Me to We: Finding Meaning in a Material World

*Craig Kielburger, Marc Kielburger*  
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**Craig Kielburger, Marc Kielburger : Me to We: Finding Meaning in a Material World** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Me to We: Finding Meaning in a Material World:

0 of 0 people found the following review helpful. Transformative book for youth to inspire community service and civic action  
By SRM1 This is an amazing and inspiring book. It's personal stories, research and interviews provide a powerful answer to the question "why should give back"? The answer -- altruism kicks off a virtuous cycle of benefits your own happiness while benefitting the world. Win win. It is full of community service and civic action ideas that are

simple, empowering, inspiring, accessible and actionable. There are lots of exciting ideas included here about how you can start small, right in your community. In teaching how to move from "me" to "we," the authors take an empowering you-centered approach. Find what you believe in, make your own plan, and go for it. In other words, you do you. They do not have a coercive, condescending, or overbearing agenda, which can be the case with social change guides. I also found the book to be refreshingly neutral politically. While many of the causes they chose to highlight will strongly appeal to those who are politically liberal (the authors are from Canada), they place a strong emphasis on taking personal initiative, activating resources in one's community, and making personal sacrifices -- not on top-down government policies or solutions. Many of the actions they suggest to youth readers are small kind deeds -- from babysitting for a new parent to cooking a meal for a senior -- that, practiced at scale, could result in dramatic positive results. Finally, I love the fact that the authors embrace faith as key to effective change, to healing and renewing in our world. They make the point (with which I agree) that most major religions share universal values focused on forgiveness, compassion, and service (I have found the translator Stephen Mitchell to compellingly demonstrate this through his beautiful translations of major religious texts from the Koran to the Book of Job to the Tao Te Ching). The authors themselves are Christian and I find that they are living out their calling as disciples of Jesus Christ in an inspiring and refreshing way which could serve as a reset button to many people who have lost their faith. I would recommend this book to anyone who is seeking meaning in chaotic world, and who seeks to inspire themselves, their friends, or their families to discover the well of joy and well-being that we each possess and which is amplified when we engage in acts of kindness and service.

1 of 1 people found the following review helpful. Its time to open our eyes. And this book is a perfect start to that.

By CaseyHDFirst of all, I wish I could give these authors a handshake. They did a phenomenal job with helping others in need. Things that people don't really think about, such as, how children are sold for a few bucks in India by their own parents and dragged away by strangers, to work as a slave in some factory. We don't think about other countries that are not up to par with our technological countries. We don't think about Peru, and how they will be treated for any sicknesses or injuries way up in the mountains. We only see what we want to see. After I read this book in 2008, my life completely changed course on me. I was heading one way in life, but the next thing I know, my life did a complete 180 on me. I ended up moving to Japan and marrying the woman of my dreams. I must say, this book changed my life for the better. The least I could do is tell everyone how well it worked. You will not regret picking this book up!

0 of 0 people found the following review helpful. Awesome book for inspiration

By CARLOS GI have heard about Craig and his brother but after reading this I'm amazed with all the things they have accomplished and all the possibilities we have to make a true difference

Imagine waking up every morning believing that your actions can make a significant change in the world. For everyone who has ever yearned for a better life and a better world, Craig and Marc Kielburger share a blueprint for personal and social change that has the power to transform lives one act at a time. Through inspirational contributions from people from all walks of life and moving stories drawn from more than a decade of their experience as international change-makers, the Kielburgers reveal that a more fulfilling path is ours for the taking when we find the courage to reach out. Me to We is an approach to life that leads us to recognize what is truly valuable, make new decisions about the way we want to live, and redefine the goals we set for ourselves and the legacy we want to leave. Above all, it creates new ways of measuring meaning, happiness, and success in our lives, and makes these elusive goals attainable at last. After you've absorbed the ideas presented in this book, your life may not end up as you had envisioned. You may not acquire a house on a beach in the Caymans, but you may find your toes grounded in the sand. You may not see an enormous change in your social life, but in your life you may very well see enormous social change. You may not find the person of your dreams, but you will help people young and old go beyond their's. This book will open your eyes and change the way you look at life. Treat it as an invitation: an invitation to discover the power of the Me to We philosophy and to join the growing community of people around the world who are embracing this way of life.