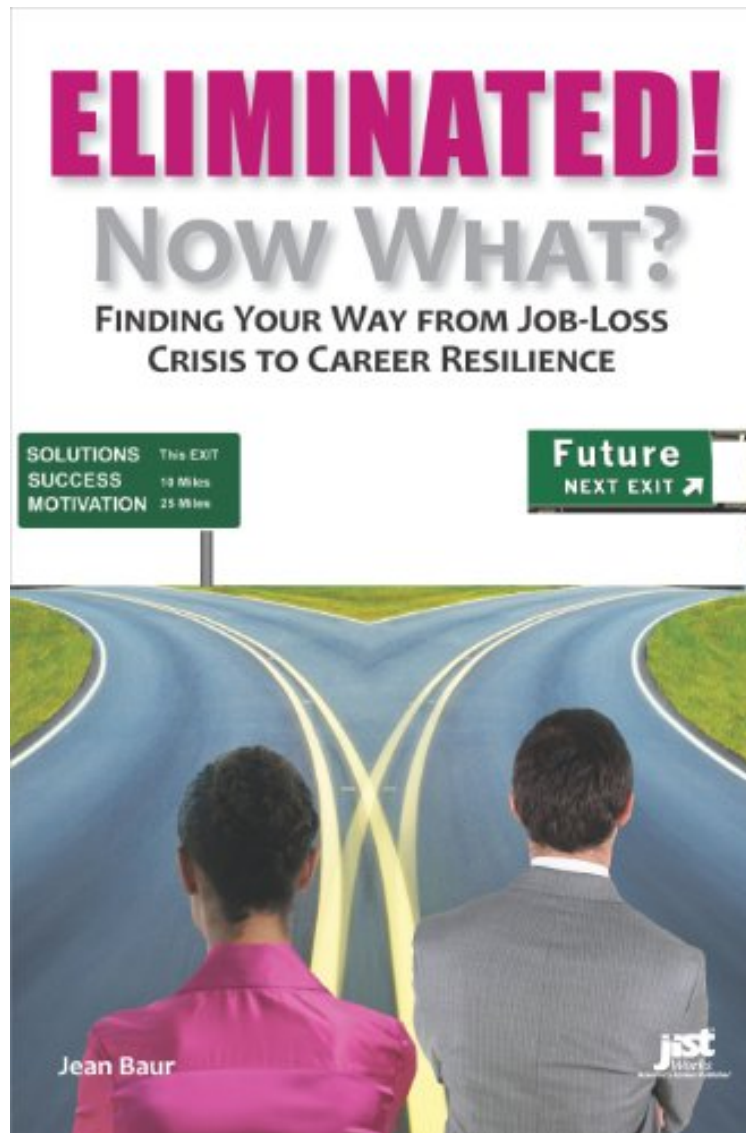


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## Eliminated! Now What?

*Jean Baur*

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**Jean Baur : Eliminated! Now What?** before purchasing it in order to gage whether or not it would be worth my time, and all praised Eliminated! Now What?:

0 of 0 people found the following review helpful. Excellent guide for the "Eliminated"!By Dr LaurieI found this book right after finding out that I had been eliminated. Jean's book was excellent medicine to help me cope and move forward quickly and productively. The book starts with learning of a job loss and in short, concise chapters covers the emotions and mental states one experiences through the job loss and search process ending with getting a good start at your new job.Each easy-to-read chapter covers a specific topic of job loss feelings and experiences and includes examples of what to do, what not to do, and how to manage them from Jean's years of experience in helping people

find new opportunities. There are several appendices with templates and examples of tools to help you be successful in your search for new opportunities. I referred back to it numerous times while on my 'job loss journey'. 0 of 0 people found the following review helpful. She provides excellent and actionable steps that those who are successful have ...By V. Santilli This book was outstanding. The author, in a humorous way, captures the essence of what those who lose their jobs are facing. She provides excellent and actionable steps that those who are successful have taken. At the same time, the scenarios are balanced and also reflect those that have failed to date in their quests to secure re-employment. It is a very quick read and extremely true to life. 5 of 6 people found the following review helpful. Great recommendations, cumbersome read By The Global Wanderer As somebody who once had access to Baur's employer's resources, the outplacement firm LHH, I was looking forward to reading her book. As expected, the author provides great recommendations. She deals with your emotional well-being and leaves you with extensive practical how-to tips based upon her long outplacement experience. I especially like how Baur tackled some topics that are often overlooked, e.g., how to land a job if you feel you are overqualified or if English is not your native language. In fact, the latter topic I have seen nowhere been addressed before. Being an immigrant myself, I really thank her for this chapter. Baur also shakes up some dangerous myths like relying exclusively on the Internet to find a job. These and other great themes are in Part II "Myths, Lies, and Other Obstacles" - it is mainly this section that makes "Eliminated - Now What?" a great purchase. Given how structured LHH's client material is, I found a certain lack of structure in Baur's book surprising. The book flow follows some kind of timeline, but you never really know where you are. Luckily, a very useful and extensive index is provided. Appendix G ("Implementation Timeline") tries to build a bridge to how to deal financially with your situation, but contains some questionable advice like "when severance runs out, cut expenses" - no, too late, you probably should cut expenses immediately when you learn about your impending job loss. Overall, the 41 chapters and the partial repetition of advice make the read a bit cumbersome. "Less would be more" and a cleaner structure be beneficial in order to ensure the reader not lose sight of the many valuable core messages and main recommendations.

Teaches you how to view your job loss as an opportunity, rather than a crippling dilemma.

Jean Baur shows you how to cope with the shock, hurt, and depression of a job loss. She seems to put her arm around you and say, We can get through this together. Then she shows you a step-by-step way to go about getting that next job. Beautifully, sensitively written. --Kevin Daley, founder of Communispond and author of Talk Your Way to the Top Jean Baur will teach you how to take control, reclaim your self-confidence, and get back to work on your terms. She presents invaluable information drawn from her 16+ years of experience as a career counselor and coach in a highly user-friendly and inspirational manner. --Chris Jones, Director, Talent Development, Corporate Human Resources, The McGraw-Hill Companies; former client Like conversing personally with a skillful and experienced outplacement consultant. The tone is warm, encouraging, and honest. This is not just another how to write a resume book; it is about the rest of the job search process--the most important part. It presents job search problems and solutions and clearly addresses worries, concerns, and myths that I hear from every job seeker. --Claudia Gentner, former CIO, Lee Hecht Harrison About the Author Jean Baur is a Senior Consultant with the nation's leading outplacement firm, Lee Hecht Harrison, with 240 offices worldwide. She has partnered with thousands of clients to help them overcome job loss and recession-proof their careers. She is a writer with years of experience with Educational Testing Service and extensive freelance credits. She has also trained more than 10,000 middle and senior managers in presentation skills and business writing.