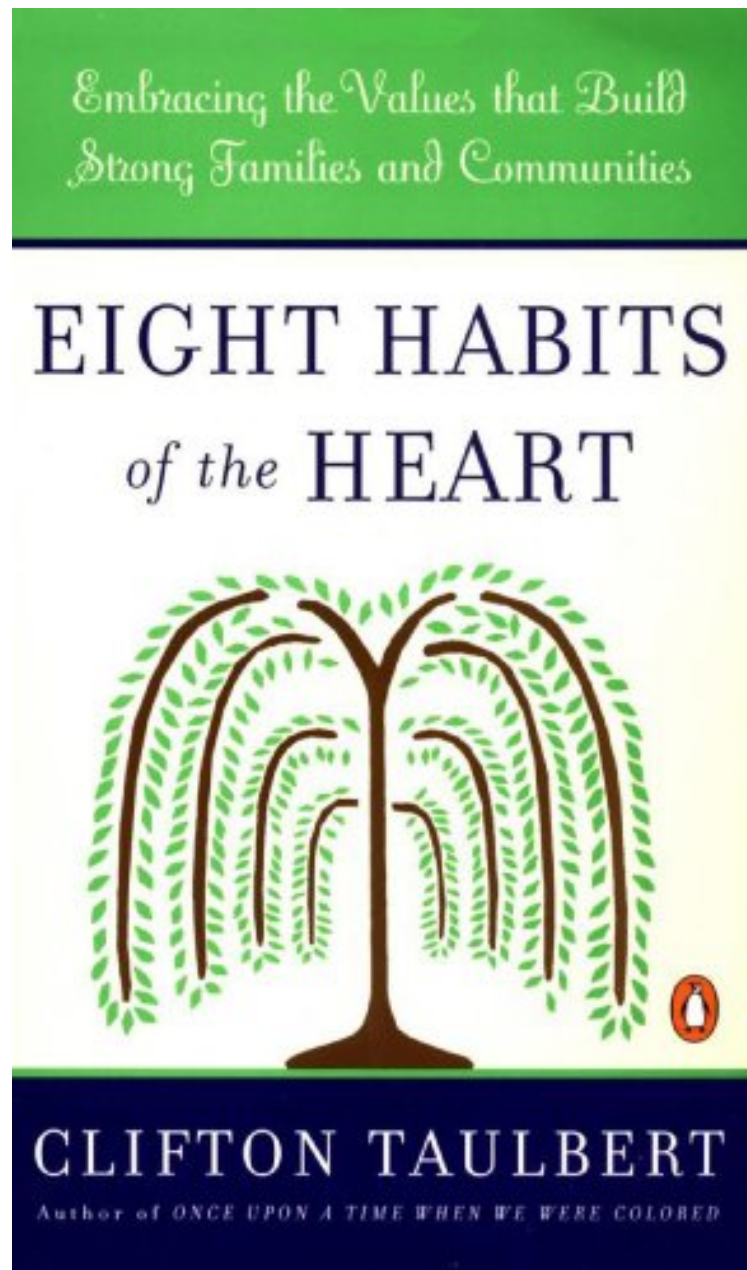


[Download pdf] Eight Habits of the Heart: Embracing the Values that Build Strong Families and Communities (African American History (Penguin))

Eight Habits of the Heart: Embracing the Values that Build Strong Families and Communities (African American History (Penguin))

Clifton L. Taulbert

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Clifton L. Taulbert : Eight Habits of the Heart: Embracing the Values that Build Strong Families and Communities (African American History (Penguin)) before purchasing it in order to gauge whether or not it would

be worth my time, and all praised *Eight Habits of the Heart: Embracing the Values that Build Strong Families and Communities* (African American History (Penguin)):

0 of 0 people found the following review helpful. I loved it. By Wendy Williams I loved it.. and I enjoyed meeting Mr. Taulbert.. a true gentleman and the kind of people I am grateful are in the USA today. We need many more Mr. Taulberts to shine on the planet. 0 of 0 people found the following review helpful. We Can Together! By Lona L. Reeves, PhD This just what the world needs now. If you wonder what Jesus would do... here's a useful plan. Also check out his Entrepreneurial mindset book--*Who Owns the Ice House: Eight Life Lessons From an Unlikely Entrepreneur*. Taulbert is also a gifted speaker and seminar leader. Check him out on TED 0 of 0 people found the following review helpful. Five Stars By Mohammad Excellent

In his trilogy of memoirs that includes *Once Upon A Time When We Were Colored*, *The Last Train North*, and *Watching Our Crops Come In*, Clifton Taulbert introduced us to a host of relatives and friends--affectionately known as the porch people--who were an integral part of his upbringing in his native Glen Allan, Mississippi. Although these people were limited in financial resources, they were rich in love and wisdom and taught him lessons that proved to be invaluable. Using his own success as proof that by building strong communities, we build strong individuals, Taulbert revisits these elders and their lessons in *Eight Habits of the Heart: Embracing the Values that Build Strong Families and Communities* (Penguin Books; January 5, 1999; \$9.95). *Eight Habits of the Heart* grew out of a commencement speech that Taulbert delivered in 1995 at the North Shore Country Day School in Winnetka, Illinois. Wanting to leave a lasting impression on America's future leaders, but not knowing exactly what to say, Taulbert illustrated the community building practices that he learned from Poppa Joe, Ma Ponk, Preacher Hurn, and others in his beloved Mississippi Delta. He realized that a lot of the good will that these people showed one another was habitual and was offered out of love and respect. And that if we all practiced those same acts of kindness--habits of the heart--in our day-to-day lives, not only would we build a strong community for ourselves and future generations, but we would have the potential to build a strong nation. With rich and poignant personal stories, Clifton Taulbert illustrates each habit and shows readers how to embrace these values: Nurturing Attitude: "Unselfish caring, supportiveness, and a willingness to share time" despite hardships; the ability to give our children "the best of what has been provided to us." Dependability: "Being there for others through all the times of their lives, a steady influence that makes tomorrow a welcome event." Responsibility: "Showing and encouraging a personal commitment to each task." Friendship: The ability to bind together and "take pleasure in each other's company." Listening, laughing, and sharing good times and bad. Brotherhood: Reaching beyond comfortable relationships "to extend a welcome to those who may be different from yourself." High Expectations: "Believing that others can be successful, telling them so, and praising their accomplishments." Courage: "Standing up and doing the right thing, speaking out on behalf of others, and making a commitment to excellence in the face of adversity or the absence of support." Hope: "Believing in tomorrow--because you have learned to see with your heart." Taulbert also includes a series of "Exercises for Reflection" that can be used by families, businesses, schools, worship groups, reading clubs, and others to help motivate the building of stronger relationships and communities. His voice shines through as a refreshing guide to the spiritual core we as a society seem always to be seeking.

.com Nationally acclaimed speaker and memoir writer Clifton Taulbert presents eight habits that build the essence of social stability. His habits, which are broken down into brief chapters--"A Nurturing Attitude," "Dependability," "Responsibility," "Friendship," "Brotherhood," "High Expectations," "Courage," and "Hope"--may not be stunningly original, yet they reflect a kind of plainspoken "front-porch wisdom" rooted in Taulbert's Southern upbringing. His elders ignored the boundaries of legal segregation and embarked on a campaign to offer a community that embraced the dreams and successes of each child and family. This is an excellent book for young-adult readers who will appreciate the rich, memoir-style storytelling and the simple but genuine lessons of how to be a good person in order to build a more spiritually evolved world. --Gail Hudson About the Author Clifton Taulbert is the author of three memoirs: *Once Upon A Time When We Were Colored*, the basis for the critically acclaimed feature film by the same name; *The Last Train North*, *Watching Our Crops Come In*, and most recently, *Little Cliff and the Porch People*. He was the recipient of the 27th annual NAACP Image Award for Literature, and was also one of the first African-American writers to win the Mississippi Institute of Arts and Letters Award for Nonfiction. Time magazine named him one of America's outstanding black entrepreneurs. He is an acclaimed speaker who lectures around the world to schools, educators, businesses, and professional groups on the subject of the *Eight Habits of the Heart*.