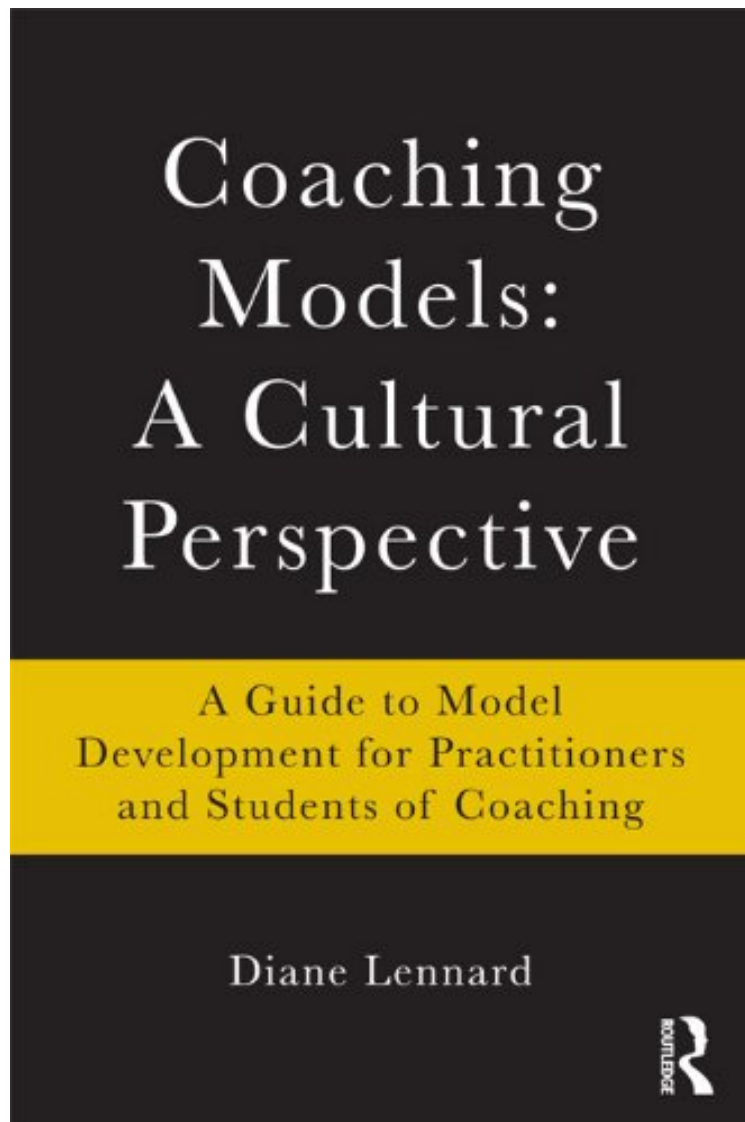


[DOWNLOAD] Coaching Models: A Cultural Perspective: A Guide to Model Development: for Practitioners and Students of Coaching

## Coaching Models: A Cultural Perspective: A Guide to Model Development: for Practitioners and Students of Coaching

*Diane Lennard*

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**Diane Lennard : Coaching Models: A Cultural Perspective: A Guide to Model Development: for Practitioners and Students of Coaching** before purchasing it in order to gage whether or not it would be worth my time, and all praised Coaching Models: A Cultural Perspective: A Guide to Model Development: for Practitioners and Students of Coaching:

2 of 2 people found the following review helpful. A Model That Works for EveryoneBy CustomerThis is a book that

works for every kind of learner - the intellectual, theoretical learner, the reflective learner, the leap-in-and-try-it learner, the learn-from-others'-experiences learner. Diane Lennard encourages, challenges, joins readers as they set off on the adventure of exploring the elements that will be part of their unique models of coaching: individual life experiences, values and beliefs, skills and competencies. As I read it, I felt like I was being invited into an irresistible "improv" (Ms. Lennard's long-time background in theater provides an exciting enhancement to her work), secure in the knowledge that I can't mess it up. My coaching model is mine to create, not one to be judged in comparison to the "right way". Good, clear form is essential for complete freedom to discover. This book offers both form and discovery. 4 of 4 people found the following review helpful. Foundational Book on Coaching By R. Anderson An excellent book for all coaches and coaches-in-training. Lennard provides a foundational overview of coaching approaches and learning theories to encourage coaches to create their own coaching models. By having their own model, she maintains, coaches can synthesize their unique contributions for their coaching clients. A practical book, it has many activities and assessments to help coaches identify their values, articulate their beliefs and discover their strengths. Lennard provides as an example her own Performance Coaching, which has met with great success in her work with MBA students and corporate clients. This book is a must for anyone with a serious interest in coaching. 2 of 2 people found the following review helpful. Rigorous and useful By Frances Boyd Diane Lennard's "Coaching Models: A Cultural Perspective" is a highly welcome addition to the literature. Business leaders, educators, and coaches of all stripes have much to learn from her clear and engaging text. Research-based yet very practical, the book functions as an introduction to the field and/or a refresher course. The three distinct sections -- Foundation, Coaching Model, Performance Coaching Model Example -- take you on a journey exploring culture and experience in order to identify the basis of a unique, personal coaching model. The insights you gain are invaluable, powerful, and eminently useful.

"In addition to providing an extensive analysis of strategies for changing performance and the factors that can impact coaching effectiveness, this book offers what may be a unique value: instead of promoting one approach as the best, Dr. Lennard guides readers through a highly customized process of developing our own individualized coaching model. As a result of the book's thought-provoking activities, I strengthened my own sense of personal authenticity and saw new ways to coach and collaborate fully with employees who may have very different perspectives." — Tita Theodora Beal, Learning Development, Pfizer, Inc. "This is a wise book. The essential take-away is simple and profound. Develop, refine, and apply your own (as in ownership) personalized coaching model. Much is provided; nothing is imposed. Readers are invited to reflect on unique and defining experiences, strengths, values, perspectives and style and to begin creating their own 'work in progress.' Coaching Models will be a compelling read for experienced coaches and new coach practitioners alike." — Bethene LeMahieu, Ed.D.; Professional Coach and Conversation Conservationist Coaching Models: A Cultural Perspective encourages and assists students and practitioners of business coaching to develop and apply their own coaching models. The entire field of coaching will benefit from having coaches who use their models to continually improve their practice. The first part of this book presents the model development process by looking at the relationship among culture, beliefs, and behavior in the coaching context. It explains the importance of identifying cultural factors that influence the way coaches approach coaching interactions, and their coaching models. The second section provides coaches with information and strategies for developing personalized coaching models, applying them to specific contexts, and reflecting on their interactions to refine their core coaching practices. The third part describes the evolution of the author's own coaching model — the Performance Coaching Model — and illustrates how one coach incorporates unique perspectives and sets of skills, knowledge, and experience in her coaching practice.

About the Author Diane Lennard, Ph.D., is a coach and Clinical Associate Professor of Management Communication at New York University Stern School of Business. In her course, Foundations of Business Coaching, full-time and part-time MBAs, Executive MBAs, and other graduate students develop, apply, and present their own coaching models. In addition to coaching students, faculty, and administrators at NYU, she coaches business executives, consultants, and other professionals.