



delves into the personal and professional challenges that will inevitably arise. Whether a practising coach or a coach in training, this practical guide will provide your students with the ideal 'way-in' to all the different contexts in which they may wish to coach.

Christian is a well-respected executive coach, internationally-recognised academic and sought-after consultant. He is a Programme Leader and Senior Lecturer within the Coaching Psychology programmes at the University of East London, one of the world's leading centres for the postgraduate study of coaching. He lectures on a number of MSc programmes in the School of Psychology, undertakes ground-breaking research and international collaborations in coaching and supervises academic dissertations. Seen as an international authority in the field of coaching, he has been invited to speak at conferences in the US, the UK, Europe, Australia and the Middle East. He regularly presents on the topics of coaching, motivation, mental toughness and leadership. Christian has written a number of peer-reviewed journal articles and chapters about coaching. Christian is particularly passionate about the power of coaching in educational settings. He is the editor of *Coaching in Education: Getting Better Results for Students, Educators and Parents* (2012), which is now one of the key textbooks in the field. Through his consultancy, the International Centre for Coaching in Education (ICCE), Christian delivers training, consultancy, coaching and professional development programmes to schools, colleges and universities in the UK and abroad. He is motivated by the idea of creating coaching cultures for learning which allow students to purposefully and confidently pursue their aspirations. Christian defines himself as an engaged academic practitioner, committed to the useful interplay of theory, research and practice. Students, delegates, clients and peers describe him as an inspirational educator and empowering coach. Twitter: @ChristianvN Email: christian@icce.uk.com