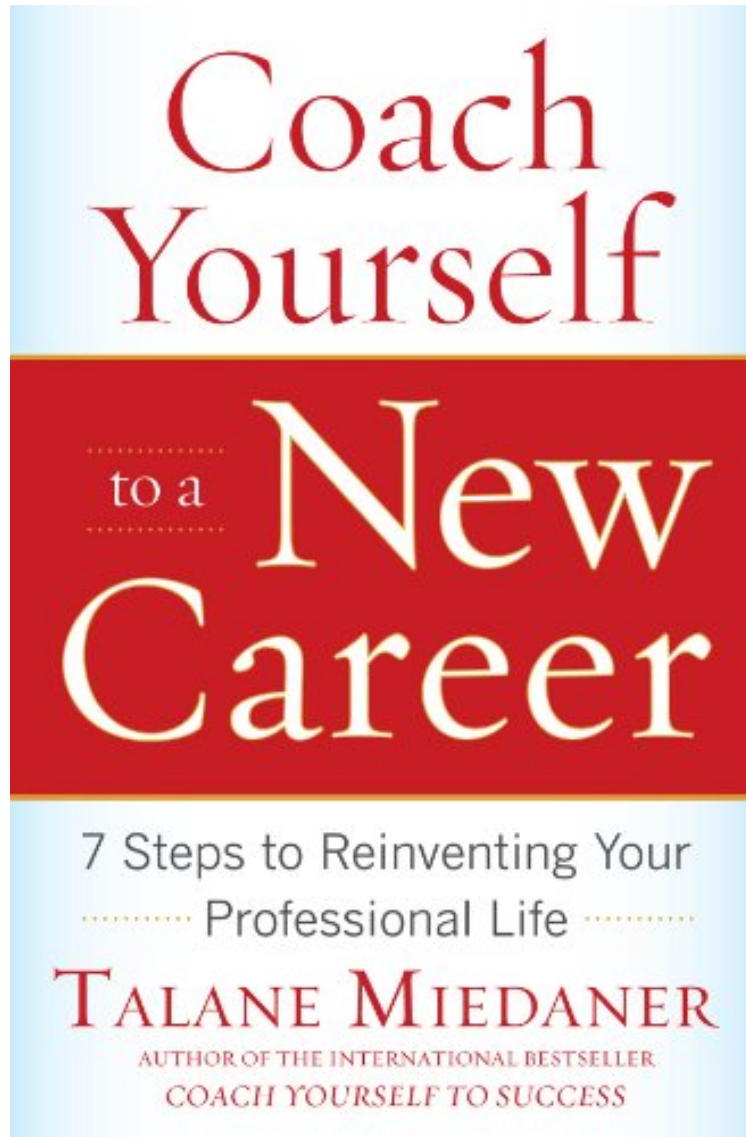


(Free and download) Coach Yourself to a New Career: 7 Steps to Reinventing Your Professional Life

Coach Yourself to a New Career: 7 Steps to Reinventing Your Professional Life

Talane Miedaner

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Talane Miedaner : Coach Yourself to a New Career: 7 Steps to Reinventing Your Professional Life before purchasing it in order to gage whether or not it would be worth my time, and all praised Coach Yourself to a New Career: 7 Steps to Reinventing Your Professional Life:

4 of 4 people found the following review helpful. Probably the best purchase I have EVER made.By carolineOne of the best books I have ever read! This book helped me tremendously during a career transition, and I don't use this word

lightly - miracles - started happening for me. I love Talane's voice; it jumps off the page, and she makes things so simple. I was in such a poor headspace before this book, I don't know how anything positive could have come from it. She helped me turn things around and become a happy and successful person again. I am eternally grateful! I was interviewing a career coach, but decided to try this first. THANK GOD! Saved a ton of money and got clarity. I now buy this book and give it as a gift. I really hope you buy it. The world would be a much better place if more people loved their work. Enjoy!

2 of 2 people found the following review helpful. Great book for learning about yourself and what would make an ideal career for you

By Patricia MockI have read and love all three of Talane's books. I have read each one at least twice as I find something new each time I do. I have been in "Dream Career" search mode for several years. I found this book a year ago and enjoyed doing the suggested exercises from this book to find new facets to try and incorporate in my current job and while searching for the next step in my career. While I haven't landed in my "dream job" yet, I keep getting closer and I am enjoying the process instead of just spending each day at my current job frustrated with what I don't like. I performed the suggested activity to get my office cleaned and ready so I can just pick up my purse and leave when the next job comes, and yep, a new job opportunity presented itself. Attracting what you want really works! I also love the Envy exercise - it's amazing what you can learn about what you really want when you think about what you envy that other people have. I recommend this book for anyone who wants to chase an ideal life and not just a paycheck.

8 of 8 people found the following review helpful. Excellent resource for career and life change!

By VicI am a middle age executive that has had some health issues causing some modification and rethinking of my life's work and career. I have read Talane's other books and hired her as my personal coach. I must say that I have found this new book to be an incredible resource and guideline for anyone thinking or needed a new career.....or reinventing their professional life. Talane teaches how to identify your true passions and values and create a practical plan to achieve your goals.

Coach Yourself to a new Career has several quizzes and worksheets that help define needs, boundaries and goals. Also in the book I found an annual life plan and career profile that was a great personal resource. I can't imagine considering a career change without this book as a guide.

I found Coach Yourself to a new Career not to be just about career change, but also a guide for making decisions and positive changes in both your personal and professional life. I have also joined Talane's [...] website, as it has many tools to help along one's journey in life. I know Talane as a wonderful, caring, experienced coach, and those qualities really show in this book. I know it has helped me, and I am sure it will give you the coaching you need to help change your career, and your life.

Bestselling author offers a step-by-step program to making the right choices about a new career move Don't fear taking the leap into a new career with this seven step program from bestselling author and life coach Talane Miedaner. Whatever the situation or economic environment, Coach Yourself to a New Career gives you the tools to take matters into your own hands by assessing your needs and strengths, finding the right work fit, weighing options and possible sacrifices, and preparing your family for transitions.

Packed with expert advice and helpful examples from her many statistical clients—as well as her own career change process—Miedaner shows how anyone can reinvent their professional life.

Coach Yourself to a New Career: Offers a seven-step approach to career reinvention and practical advice for a smooth transition

Profiles everyday people who achieved career reinvention on their own terms - and what their stories can teach you

Shows you how to assess your needs and strengths

Helps you decide what tough decisions or sacrifices you may have to make

Prepares your spouse or family for transition

Miedaner shares her own story of launching her coaching business—with careful planning, hard work, commitment and faith. She shows how you can follow other's examples to achieve the professional life you want.

About the Author Talane Miedaner is a renowned life coach and has been featured in Fortune, Glamour, Newsweek, Cosmopolitan and Fitness magazines. She is also author of The Secret Laws of Attraction and Coach Yourself to Success.