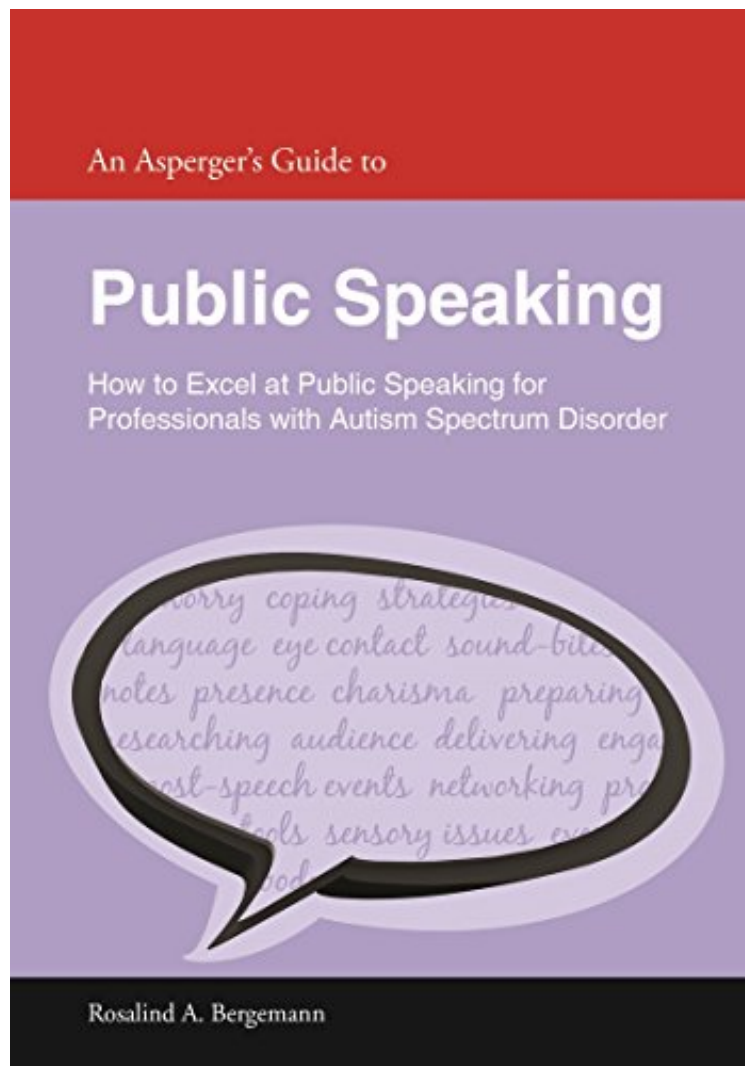


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# An Asperger's Guide to Public Speaking: How to Excel at Public Speaking for Professionals with Autism Spectrum Disorder (Asperger's Employment Skills Guides)

Rosalind A. Bergemann

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**Rosalind A. Bergemann : An Asperger's Guide to Public Speaking: How to Excel at Public Speaking for Professionals with Autism Spectrum Disorder (Asperger's Employment Skills Guides)** before purchasing it in order to gauge whether or not it would be worth my time, and all praised An Asperger's Guide to Public Speaking: How to Excel at Public Speaking for Professionals with Autism Spectrum Disorder (Asperger's Employment Skills Guides):

This practical guide to effective public speaking for professionals with Asperger Syndrome (Autism Spectrum Disorder) provides tailored advice on using your Asperger strengths to your advantage and overcoming areas of challenge to find your public speaking voice. Written by a business leader with Asperger Syndrome, it includes guidance and hands-on tools for preparation, research and delivery of successful speeches and presentations. It addresses all the key areas that can cause particular difficulty for people with Asperger Syndrome such as coping with anxiety, interpreting the facial expressions of your audience, awareness of your own body language as projected to others, sensory overload issues caused by the speaking environment, and surviving post-speech networking and social events. Whether giving a presentation at a meeting, hosting a corporate event, or delivering an autism awareness speech, this book provides all the guidance that professionals with Asperger Syndrome need to master public speaking.

About the Author Dr. Rosalind A. Bergemann has worked as a business leader for over 20 years, having held positions in global business strategy, finance and international human resources. She is Chairperson of Asperger Leaders, an organisation supporting people with Asperger Syndrome holding senior positions in business, Non-Executive Director of Dimensions, Non-Executive Director of Brain in Hand and CEO of a global change management consultancy. She is educated to doctorate level in the fields of international business and organisational psychology, as well as leadership studies through Harvard Business School. Dr. Bergemann was named Consultant of the Year at the National Management and Leadership Awards 2013 by the UK Chartered Management Institute. She is the author of *An Asperger Leader's Guide to Living and Leading Change* and *An Asperger's Guide to Entrepreneurship*, also published by Jessica Kingsley Publishers. She is based in London, UK.